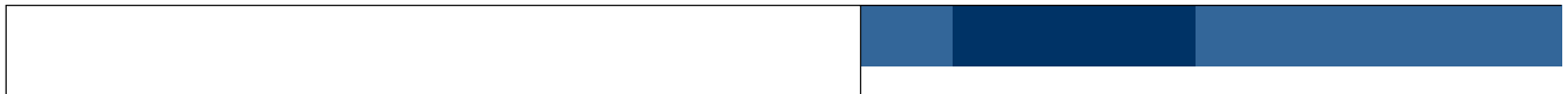




The Future of Web/Health/Democracy

Ian Morrison

www.ianmorrison.com



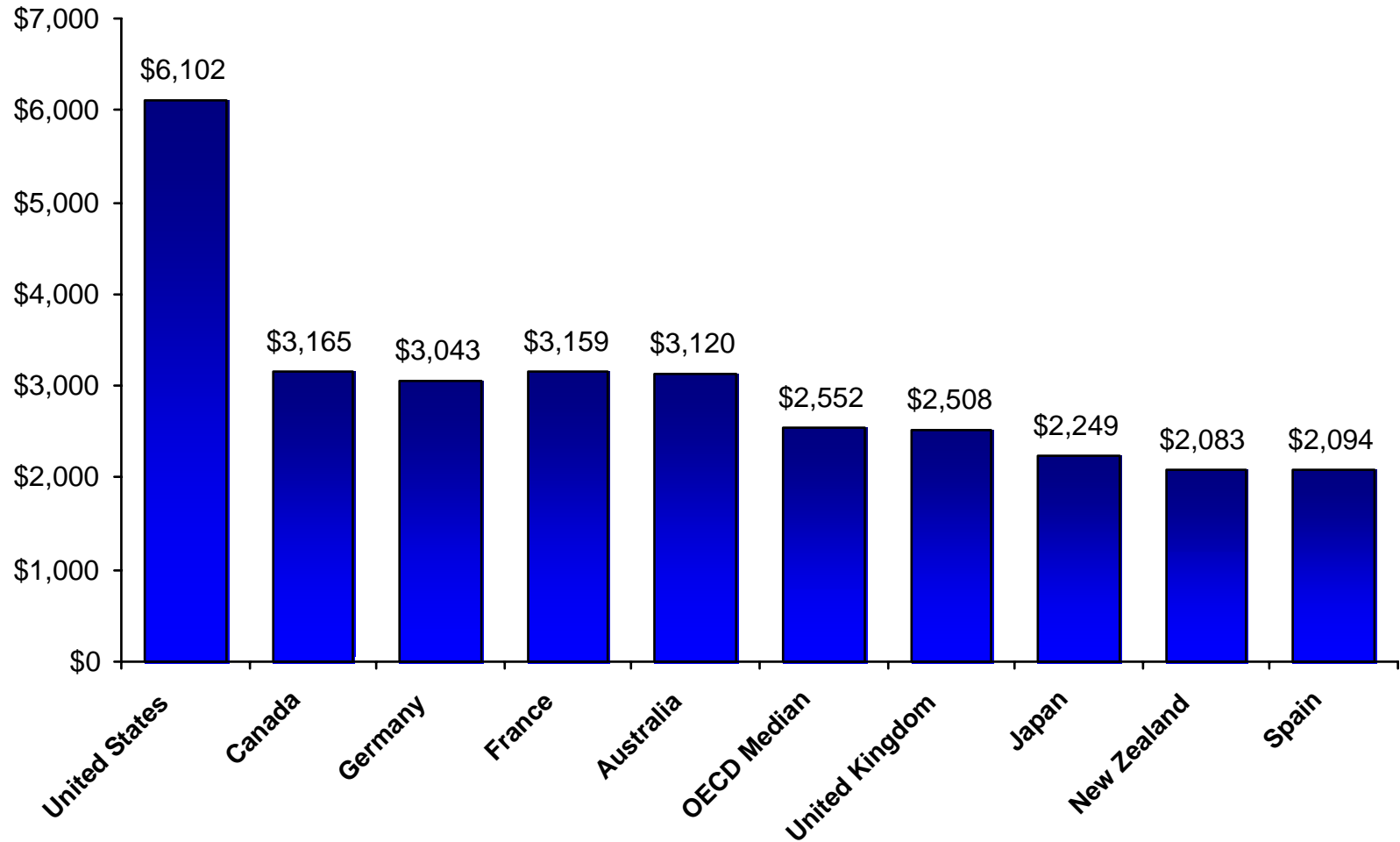
- Context
- The Future of:
 - Web
 - Health
 - Democracy
- Implications

- Cost
- Quality
- Access
- (Security of Benefits)

$$\text{Value} = \frac{(\text{Access} + \text{Quality} + \text{Security})}{\text{Cost}}$$

Health Care Spending per Capita in 2004

(Adjusted for Differences in the Cost of Living)



Source: OECD Health Data Published in Health Affairs Volume 26:5 2007

International Health Comparisons, 2004-05

| Country | Health Care Spending (\$ per Capita) 2004 | Pop'n over 65 (percent) 2004 | MRI per million | Female Life Exp (years) | Infant Mortality (per 000) 2005 est |
|---------|---|------------------------------|-----------------|-------------------------|-------------------------------------|
| USA | 6,102 | 12.4 | 8.2 | 79.8 | 6.5 |
| Canada | 3,165 | 13.0 | 4.2 | 82.2 | 4.8 |
| Germany | 3,043 | 18.3 | 5.5 | 81.3 | 4.2 |
| France | 3,159 | 16.4 | 2.7 | 83.0 | 4.3 |
| UK | 2,508 | 15.7 | 4.0 | 80.4 | 5.2 |
| Japan | 2,249 | 19.0 | 35.3 | 85.2 | 3.3 |
| Spain | 2,094 | 17.6 | 6.2 | 83.1 | 4.4 |
| Hungary | 1,276 | 14.9 | 2.5 | 76.7 | 8.6 |
| Korea | 1,149 | 8.5 | 7.9 | 80.0 | 6.3 |
| Turkey | 580 | 6.6 | 3.0 | 70.9 | 41.0 |

International Health Comparisons, 2004-05

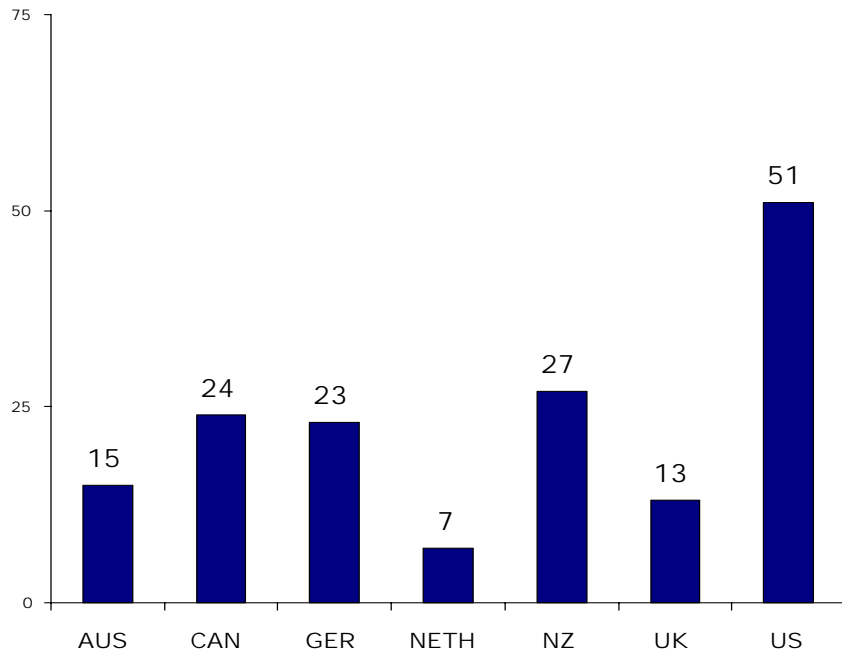
| Country | Practicing MDs per 1000 | MD Visits per capita | Acute Care Bed Days per capita | Alcohol Consumption (liters per person aged 15 plus) | Tobacco Consumption (% pop daily smokers) | Overweight or obese (BMI > 25) |
|---------|-------------------------|----------------------|--------------------------------|--|---|--------------------------------|
| USA | 2.4 | 3.9 | 0.7 | 8.4 | 17.0 | 66.3 |
| Canada | 2.1 | 6.1 | 1.0 | 7.9 | 15.0 | 57.5 |
| Germany | 3.4 | n/a | 1.8 | 10.1 | 24.3 | 49.2 |
| France | 3.4 | 6.7 | 1.0 | 14.0 | 23.0 | 34.6 |
| UK | 2.3 | 5.3 | 1.1 | 11.5 | 25.0 | 63.0 |
| Japan | 2.0 | 13.8 | 2.1 | 7.6 | 29.4 | 24.9 |
| Spain | 3.4 | 9.5 | 0.8 | 11.7 | 28.1 | 48.4 |
| Hungary | 3.3 | 12.6 | 1.7 | 13.2 | 30.4 | 52.8 |
| Korea | 1.6 | 10.6 | n/a | 8.3 | n/a | n/a |
| Turkey | 1.4 | 3.1 | 0.4 | 1.5 | 32.1 | 43.4 |

Physicians' Perception of Patient Access

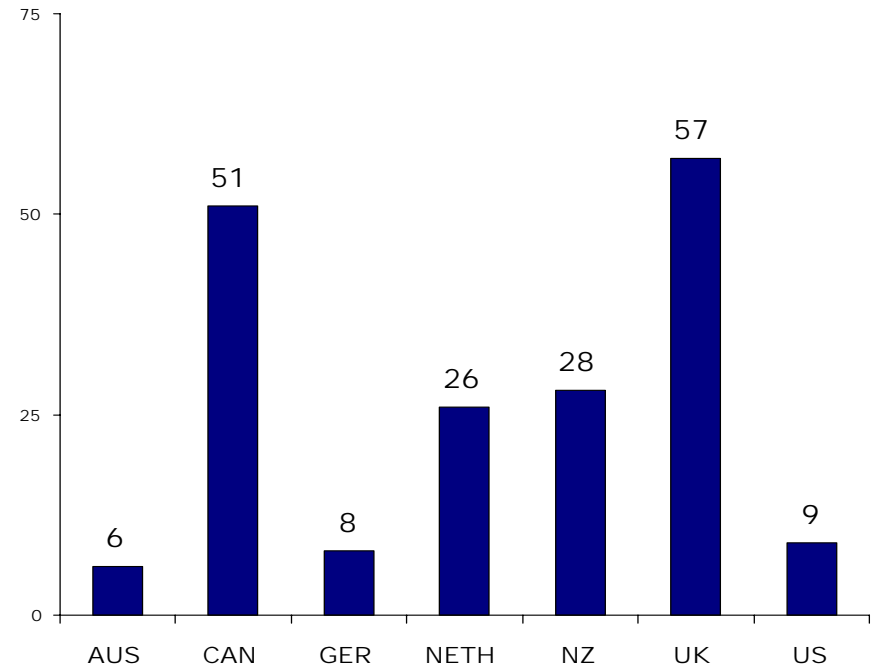
Patients Often Have Difficulty Paying for Medications

Patients Often Experience Long Waits for Diagnostic Tests

Percent



Percent

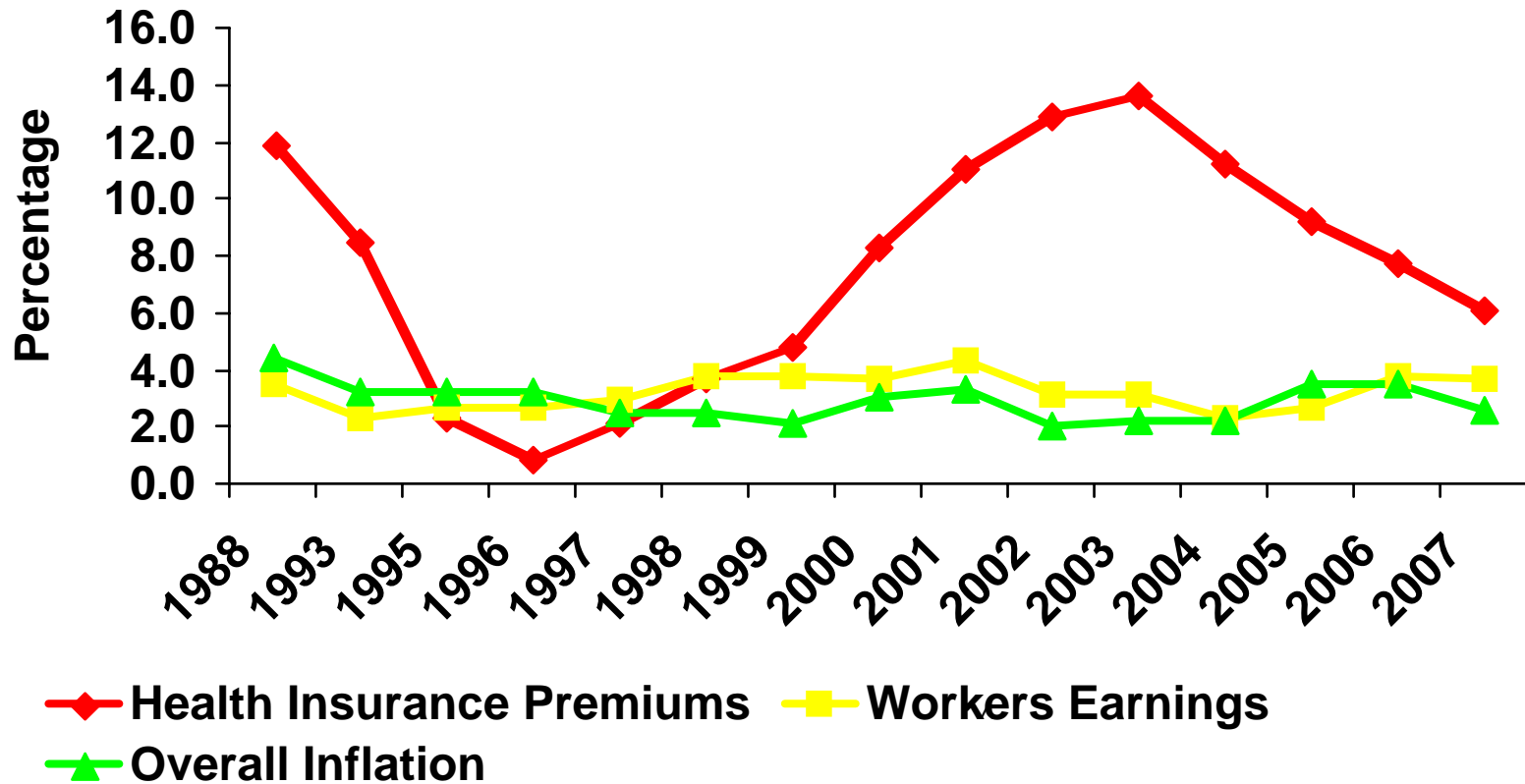


Source: 2006 Commonwealth Fund International Health Policy Survey of Primary Care Physicians.

Why the Big Difference?

- The Fallacy of Excellence
- The 6 Point Spread
 - Everyone makes more money: Not just doctors, higher prices and incomes for everyone
 - Administrative Waste Motion: 25%-30% Price of Pluralism
 - Intensive and Expensive Use of Technology
 - End of Life Care: 30% of Medicare
 - Intensive use of Diagnostics, procedures, and high-tech interventions
 - Primary versus Specialty Care Balance
- Is it fixable?
 - Some is culture: Values, expectations, and attitudes
 - Some is population differences: Way too much is made of this e.g. The Natural Experiment Paper
 - Most is policy, management and payment system

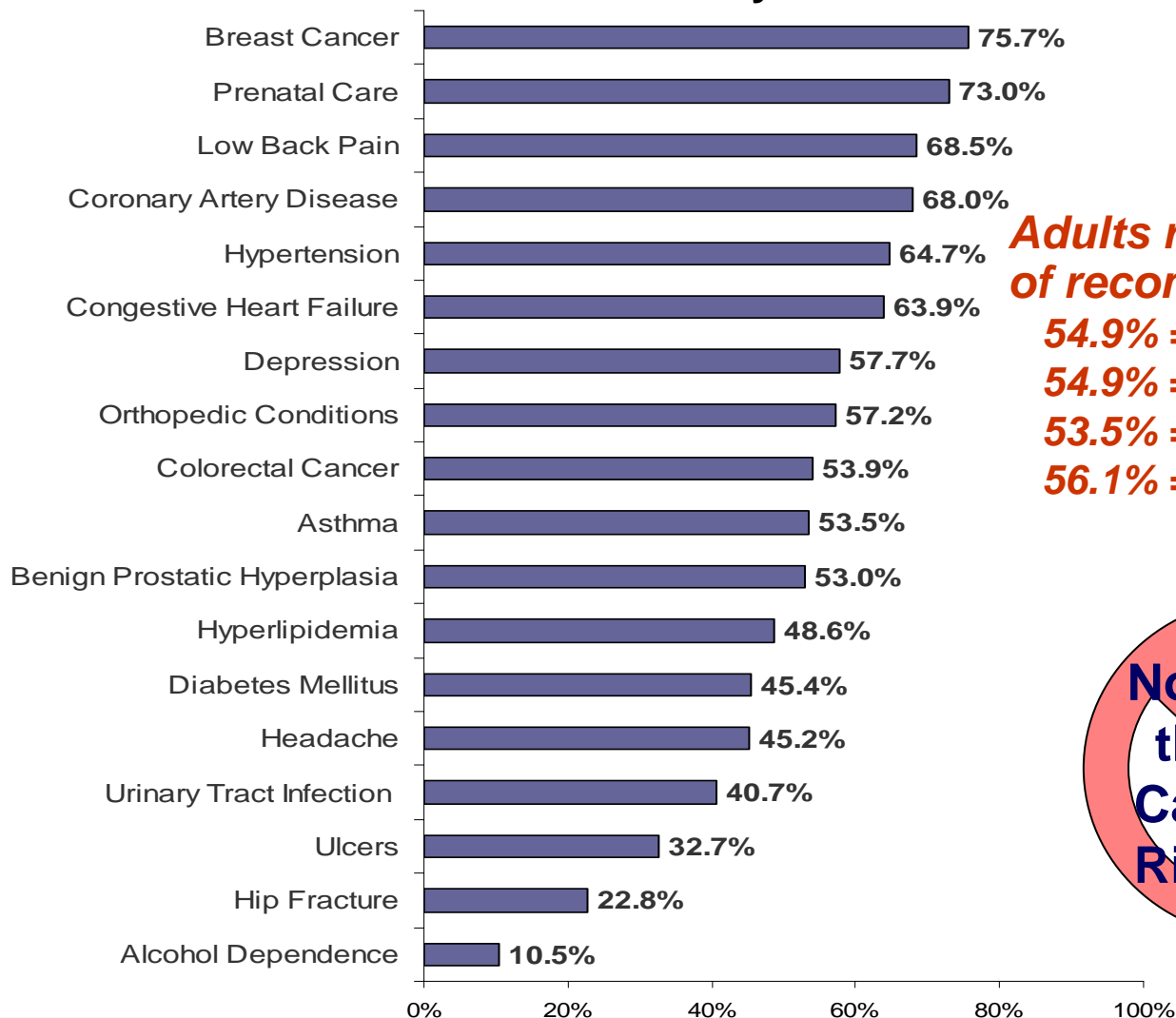
Premium Increases Compared to Other Indicators, 1988-2007



Source: Kaiser/HRET Survey of Employer-Sponsored Health Benefits, 1999-2006; KPMG Survey of Employer-Sponsored Health Benefits: 1988, 1993, 1996, 1998; Bureau of Labor Statistics, 2000.

Quality Shortfalls: Getting it Right 50% of the Time

Adherence to Quality Indicators



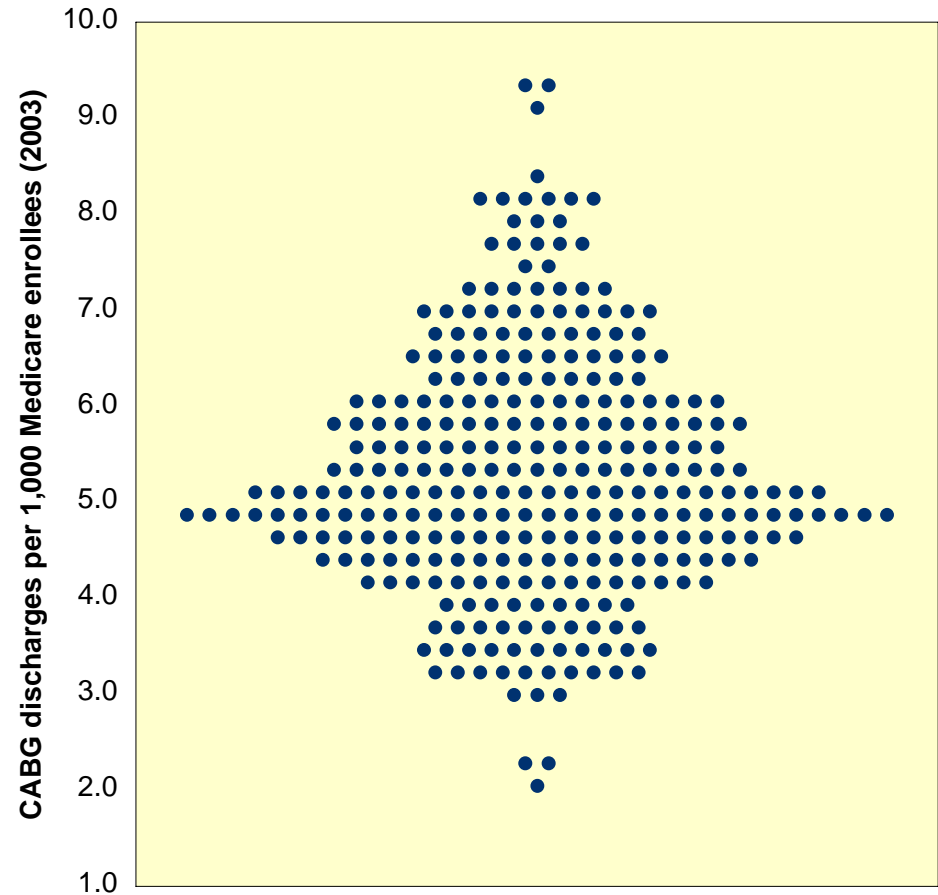
Adults receive about half of recommended care
54.9% = Overall care
54.9% = Preventive care
53.5% = Acute care
56.1% = Chronic care



■ Percentage of Recommended Care Received

Coronary Artery Bypass Graft Surgery

Age-sex-race adjusted
rate per 1000 enrollees in
2003

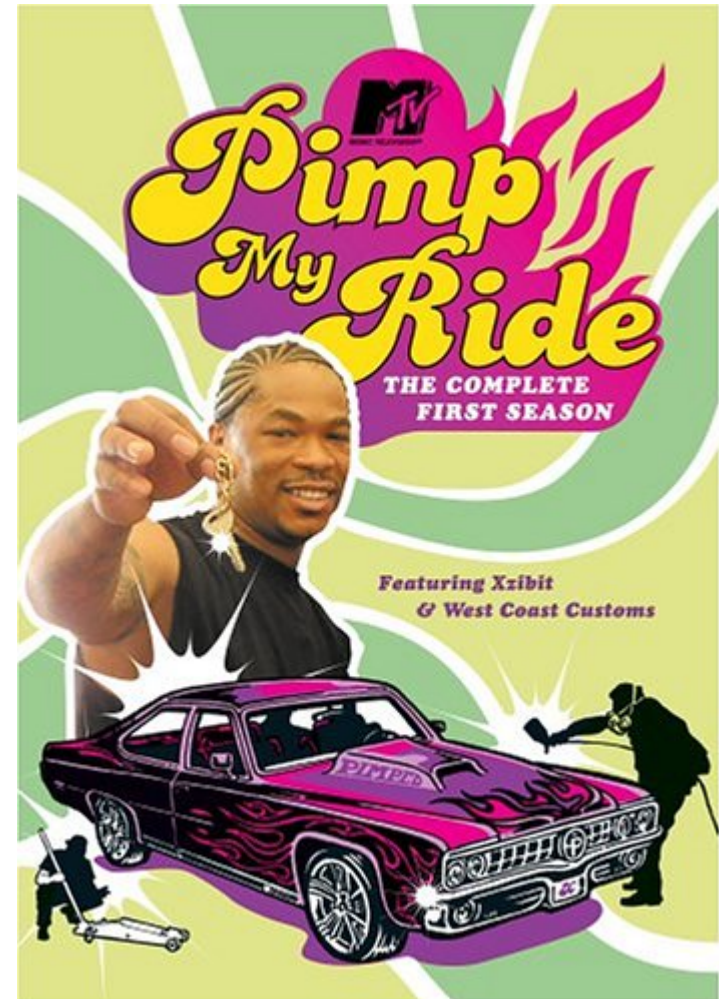


- Cost and Quality are correlated inversely
- Utilization is not based on need and doesn't create outcomes
- Measurement matters
- Transparency on cost and quality will:
 - Embarrass providers to improve
 - Motivate payers to differentially pay
 - Motivate consumers to change providers
 - Steer business to the high performance providers
 - Do all of the above given enough time
- Re-engineering of delivery system will ensue
- Value gains will make healthcare more affordable and of much higher reliability and quality

The Battle for Quality: IOM versus “Pimp My Ride”

The IOM Vision of Quality:
Charles Schwab meets
Nordstrom meets the
Mayo Clinic

The Prevailing Vision of
Quality in American
Healthcare:
“Pimp My Ride”

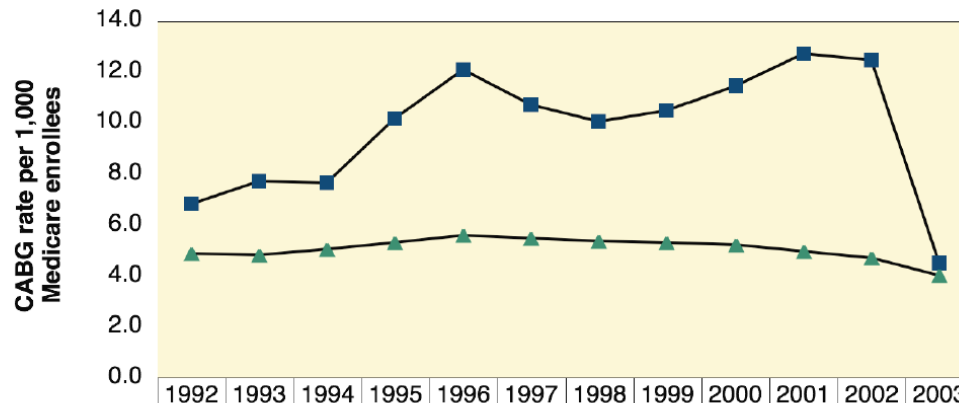


The Battle for Quality: IOM versus “Pimp My Ride”

- Really Bad Chassis
- Unbelievable amounts of high technology on a frame that is tired, old and ineffective
- Huge expense on buildings, machines, drugs, devices, and people at West Coast Custom Healthcare
- People who own the rides are very grateful because they don't have to pay for it in a high deductible catastrophic coverage world
- It all looks great, has a fantastic sound system, and nice seats but it will break down if you try and drive it anywhere

Pimp My Ride in Redding

- Fee-for-service payment rewards:
 - Volume
 - Fragmentation
 - High margin services
 - Growth

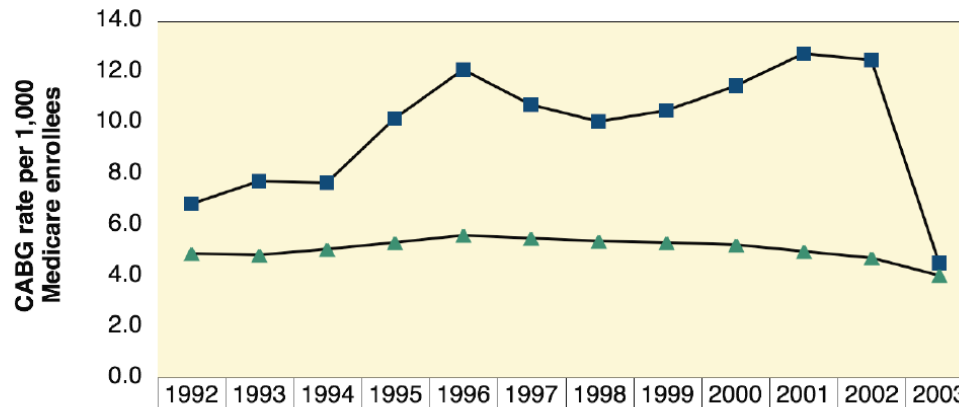


| | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000 | 2001 | 2002 | 2003 |
|--|------|------|------|------|------|------|------|------|------|------|------|------|
| —■— Redding HRR | 6.8 | 7.7 | 7.7 | 10.2 | 12.1 | 10.7 | 10.1 | 10.5 | 11.5 | 12.8 | 12.5 | 4.5 |
| —▲— California average | 4.9 | 4.8 | 5.1 | 5.3 | 5.6 | 5.5 | 5.4 | 5.3 | 5.2 | 5.0 | 4.7 | 4.0 |
| Number of procedures in excess of CA average | 81 | 123 | 111 | 209 | 278 | 223 | 200 | 227 | 277 | 349 | 352 | 22 |
| U.S rank in year | 27 | 5 | 10 | 1 | 1 | 2 | 2 | 2 | 2 | 1 | 1 | 227 |

Pimp My Ride in Redding

- Fee-for-service payment rewards:
 - Volume
 - Fragmentation
 - High margin services
 - Growth

Clinical Intervention
The FBI Arrived



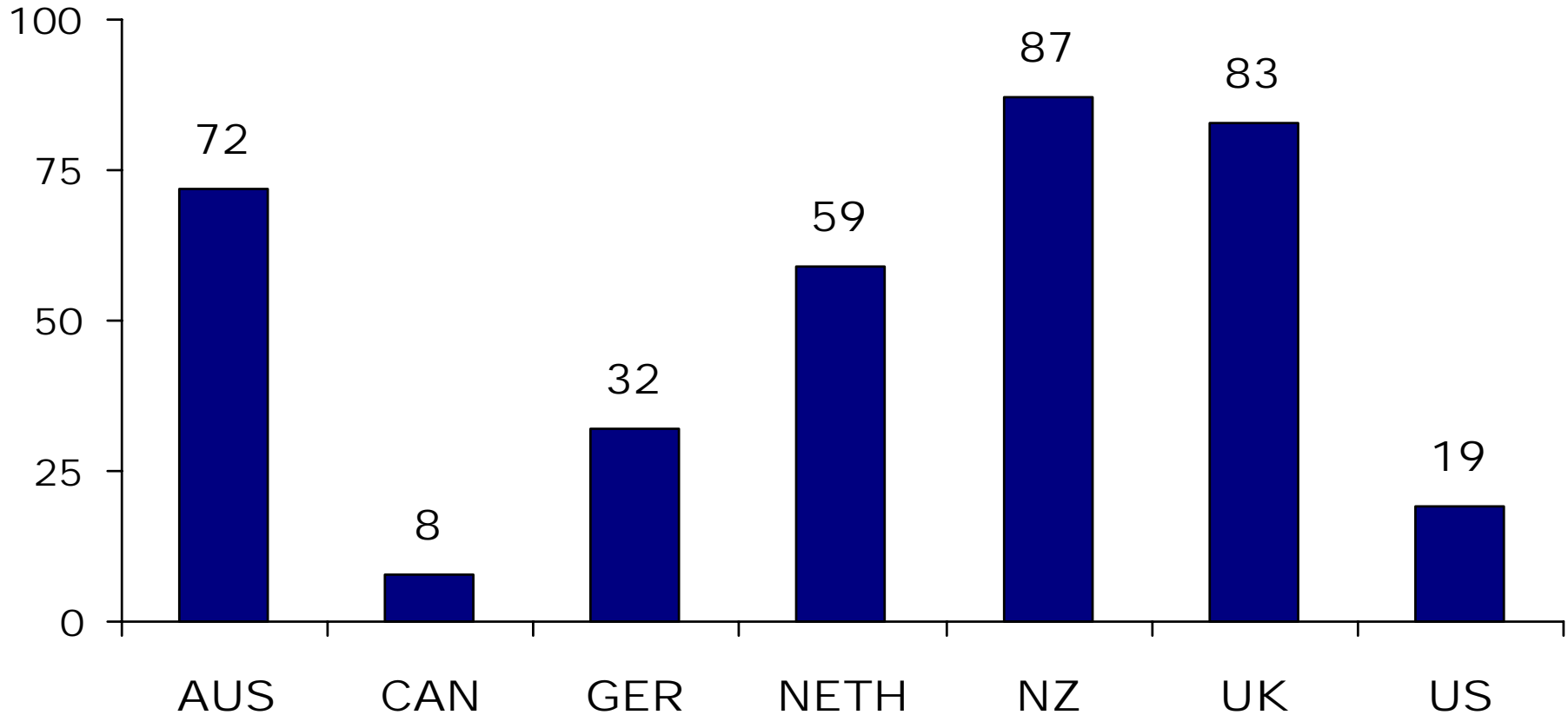
| | | | | | | | | | | | | |
|--|-----|-----|-----|------|------|------|------|------|------|------|------|-----|
| ■ Redding HRR | 6.8 | 7.7 | 7.7 | 10.2 | 12.1 | 10.7 | 10.1 | 10.5 | 11.5 | 12.8 | 12.5 | 4.5 |
| ▲ California average | 4.9 | 4.8 | 5.1 | 5.3 | 5.6 | 5.5 | 5.4 | 5.3 | 5.2 | 5.0 | 4.7 | 4.0 |
| Number of procedures in excess of CA average | 81 | 123 | 111 | 209 | 278 | 223 | 200 | 227 | 277 | 349 | 352 | 22 |
| U.S rank in year | 27 | 5 | 10 | 1 | 1 | 2 | 2 | 2 | 2 | 1 | 1 | 227 |

The Future of the Health Web

- Healthcare still predominantly uses 17th century information technology
- Amara's Law
- Toxic incentives for coordinating technology
- Health 2.0 has considerable momentum
- Microsoft and Google matter
- Just Looking
- Three Powerful forces:
 - Money: Hospitals continue to spend on HIT outreach and maybe Obama will too
 - Consumer Demand: We want help in navigation, transactions, coordination and social support
 - Enabling technology: The tools will improve and the business models will emerge

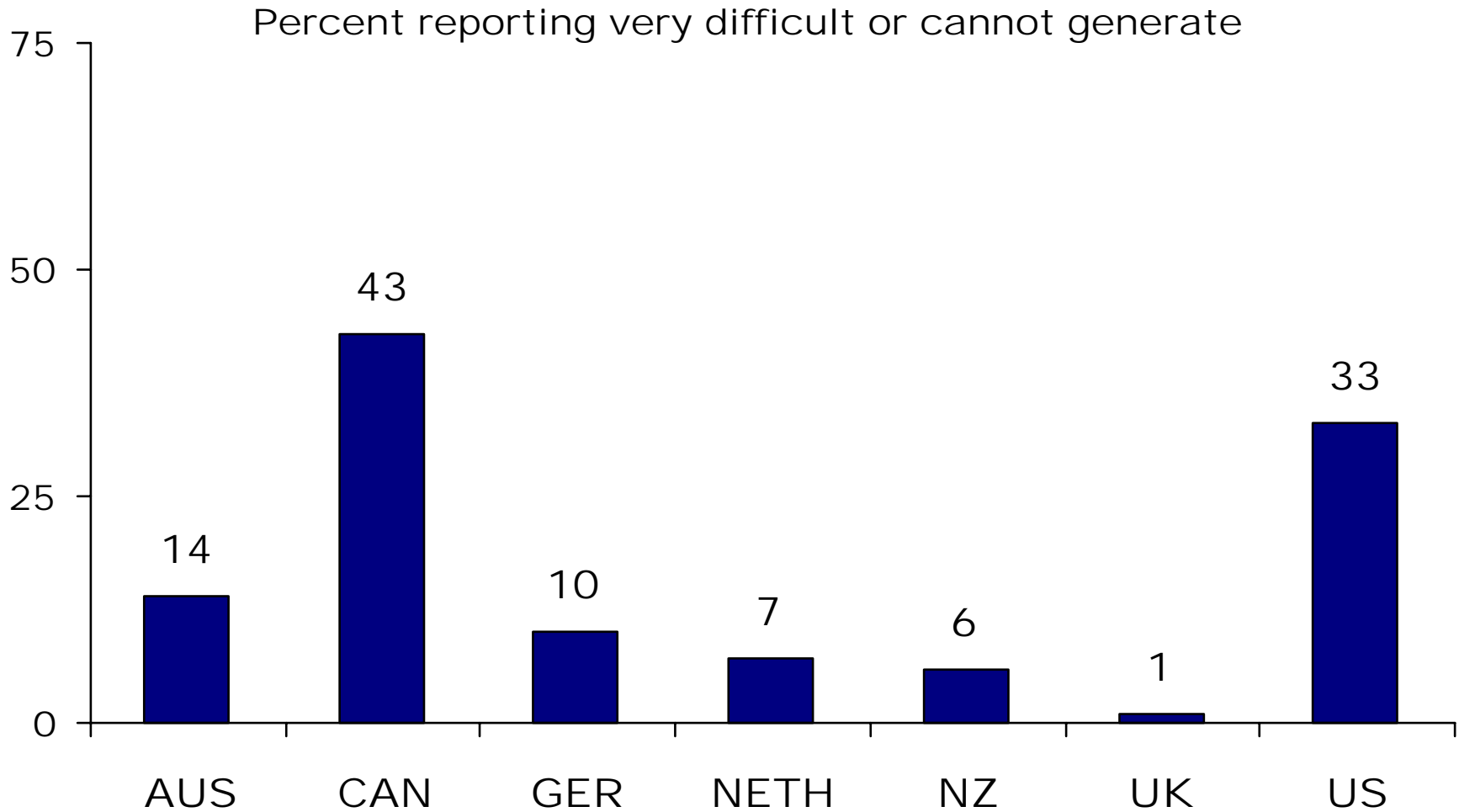
Primary Care Practices with Advanced Information Capacity

Percent reporting seven or more out of 14 functions*



* Count of 14: EMR, EMR access other doctors, outside office, patient; routine use electronic ordering tests, prescriptions, access test results, access hospital records; computer for reminders, Rx alerts, prompt tests results; easy to list diagnosis, medications, patients due for care.

Capacity to Generate List of Patients by Diagnosis





QuickTime™ and a
decompressor
are needed to see this picture.



QuickTime™ and a
decompressor
are needed to see this picture.



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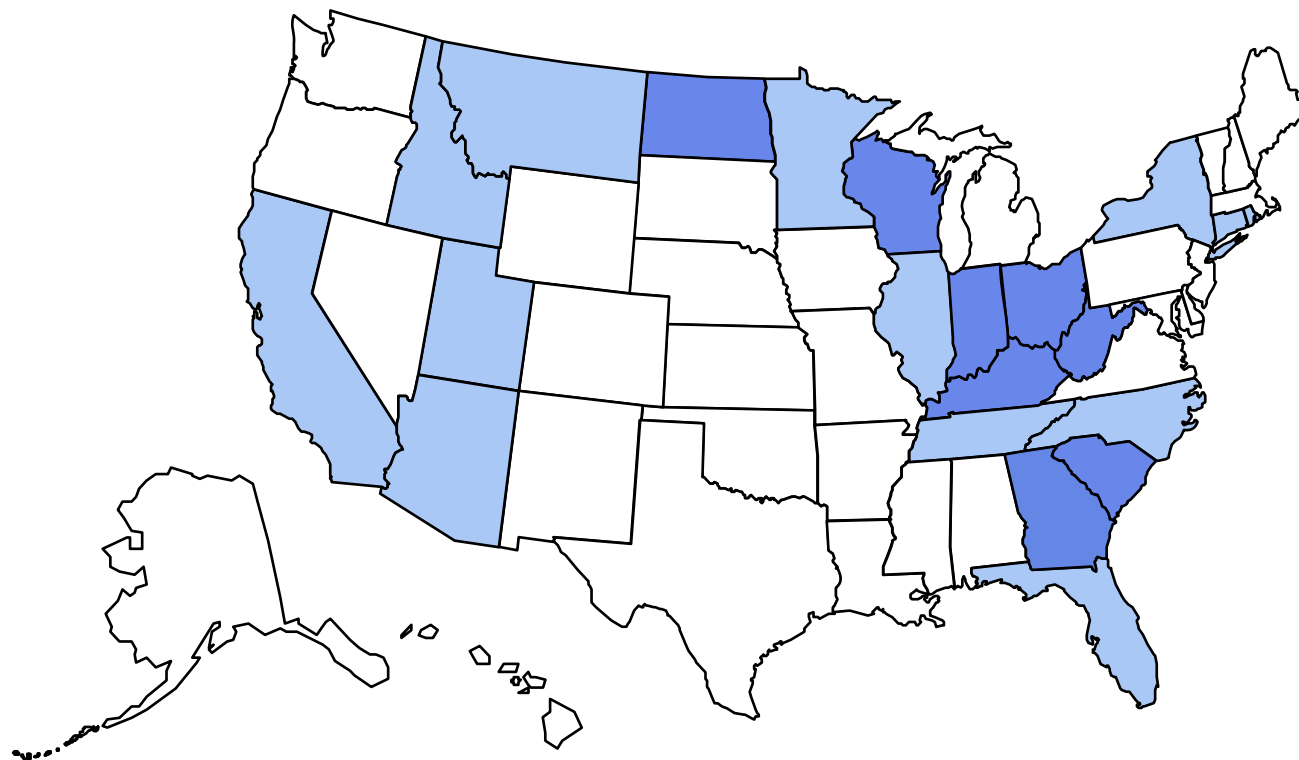


- Health behaviors matter..... 75% of health care costs for chronic conditions that are preventable
- The Triple Tsunami
- Obesity rising everywhere, although recent US data shows plateauing of rates in men and kids
- Reinvigorated interest in Corporate Wellness
- Significant minority (20%) actively practicing integrative medicine

Obesity Trends* Among U.S. Adults

BRFSS, 1985

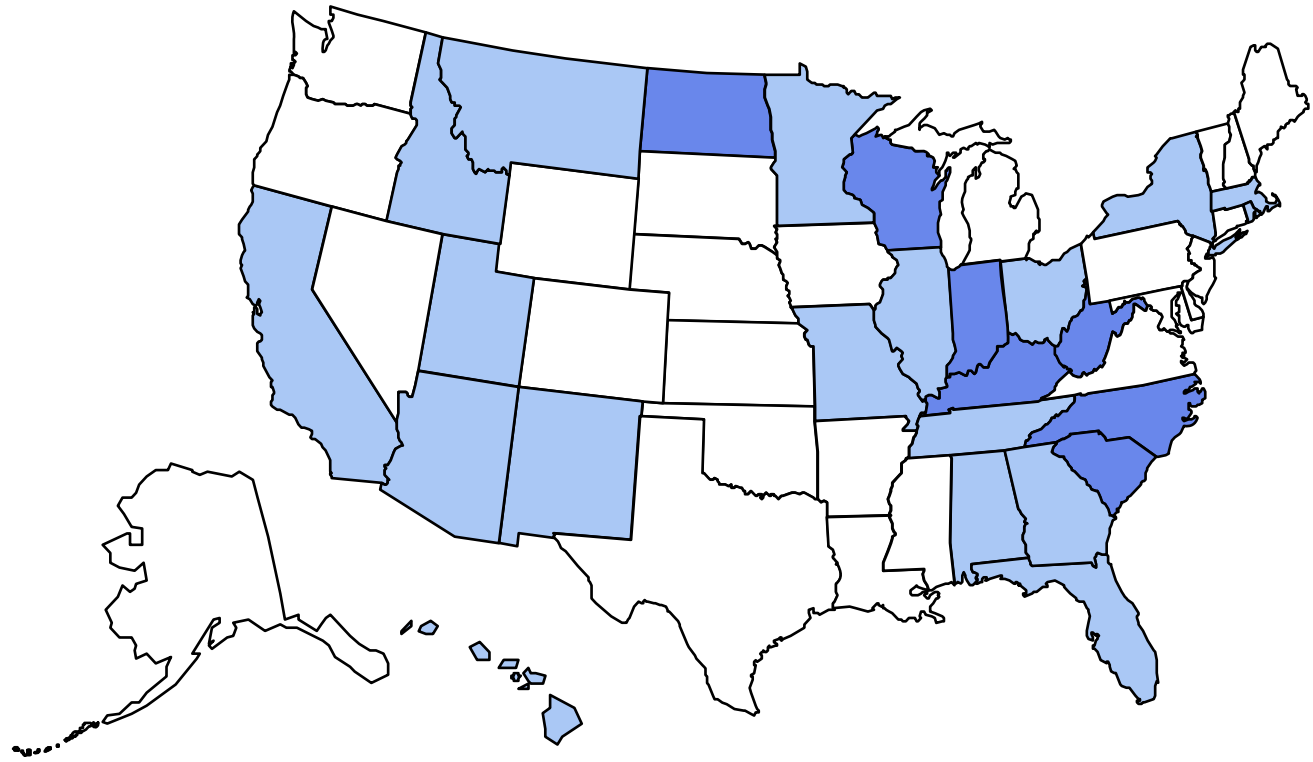
(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)



No Data <10% 10%-14%

Obesity Trends* Among U.S. Adults BRFSS, 1986

(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)



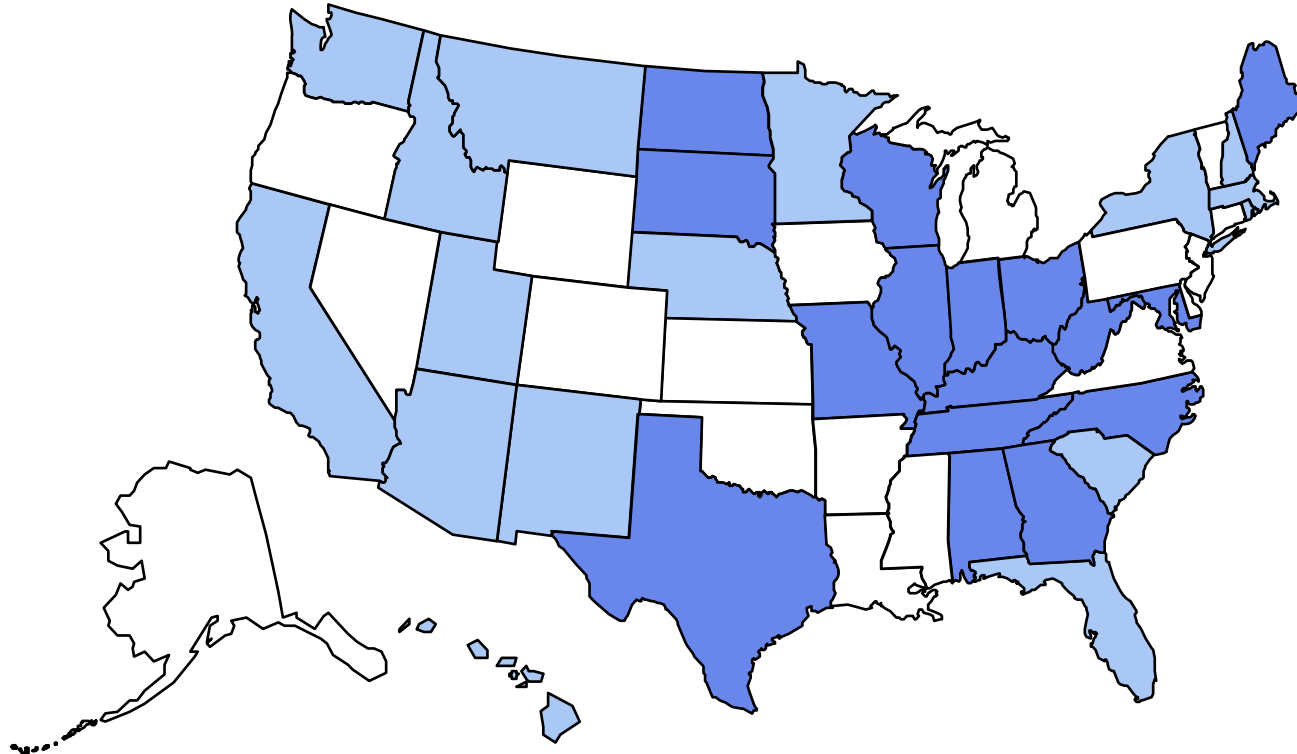
No Data <10% 10%-14%



Obesity Trends* Among U.S. Adults

BRFSS, 1987

(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)

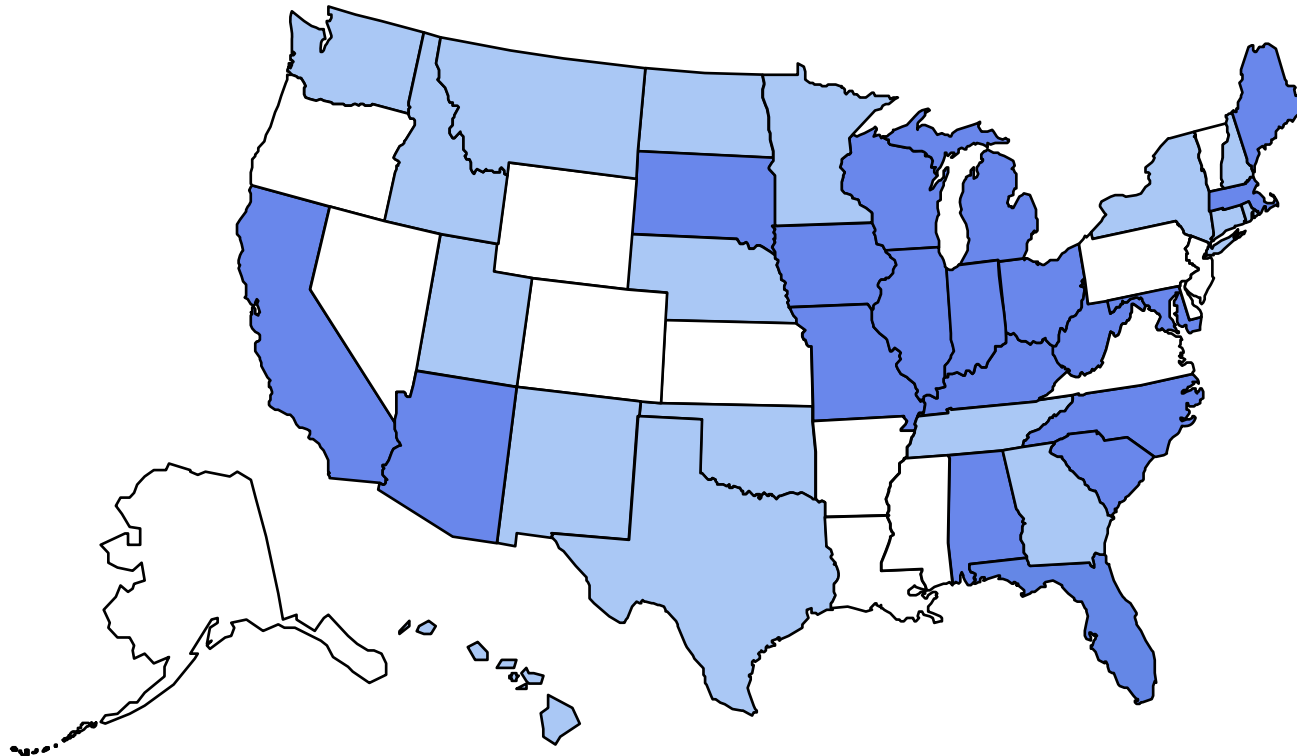


No Data <10% 10-14%

Obesity Trends* Among U.S. Adults

BRFSS, 1988

(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)

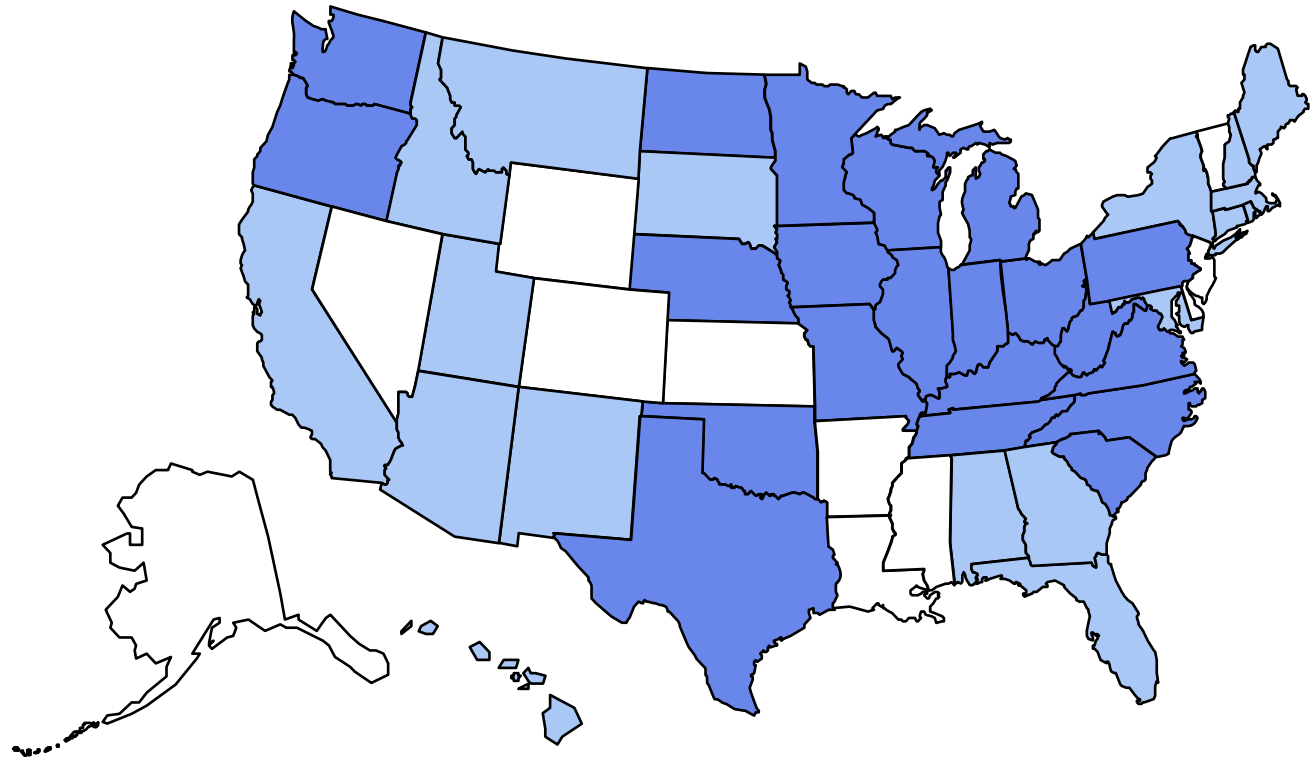


No Data <10% 10%-14%

Obesity Trends* Among U.S. Adults

BRFSS, 1989

(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)

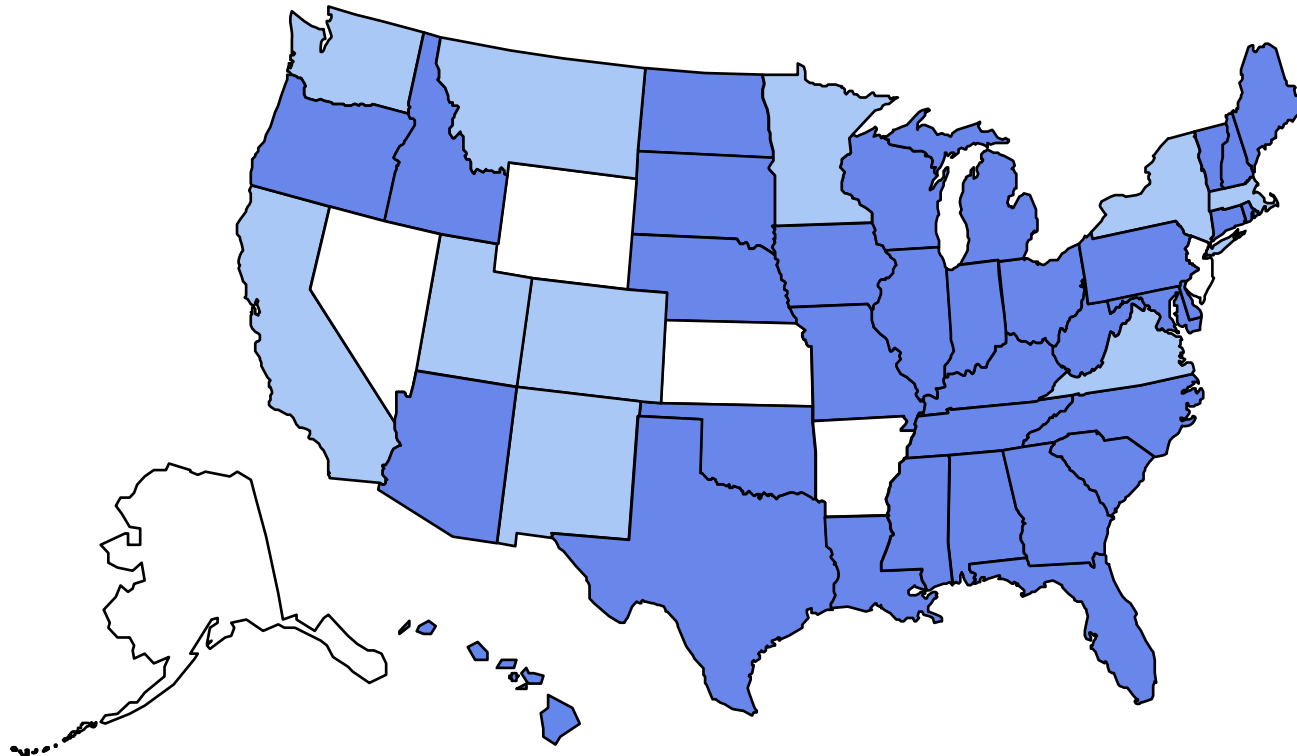


No Data <10% 10-14%

Obesity Trends* Among U.S. Adults

BRFSS, 1990

(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)

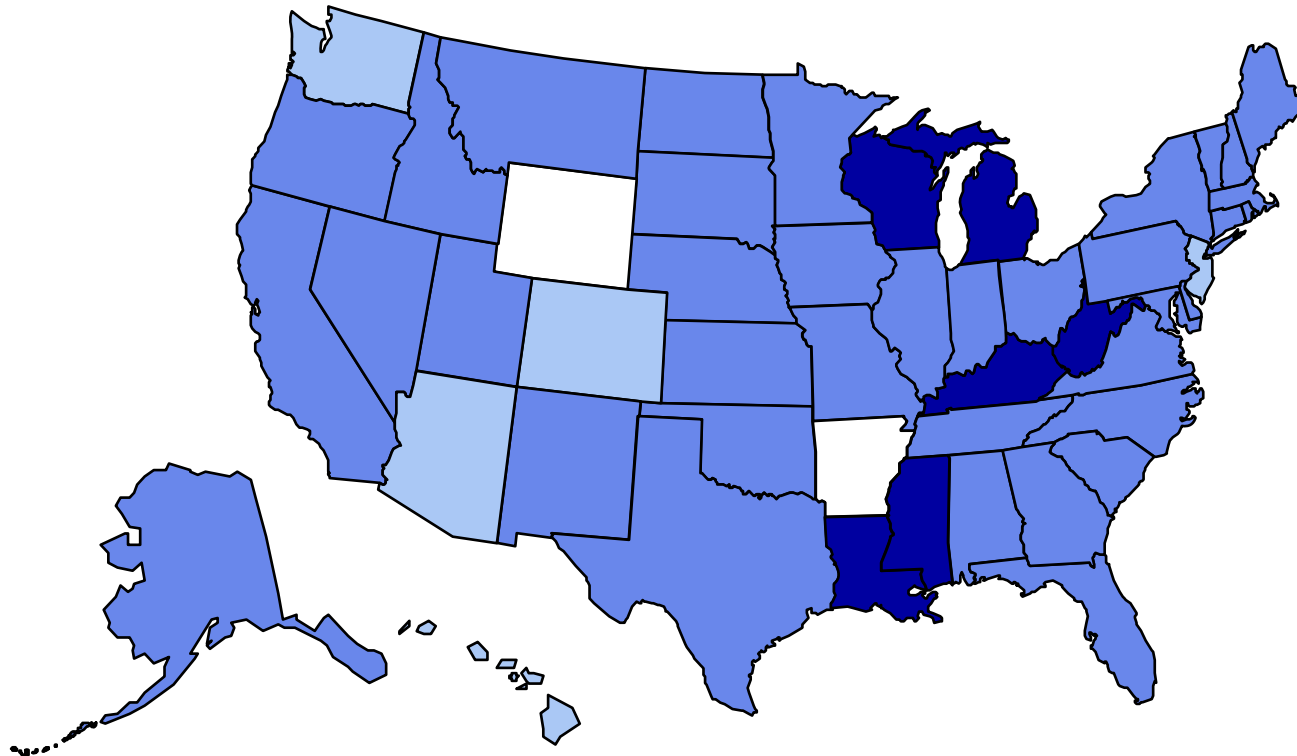


No Data <10% 10-14%

Obesity Trends* Among U.S. Adults

BRFSS, 1992

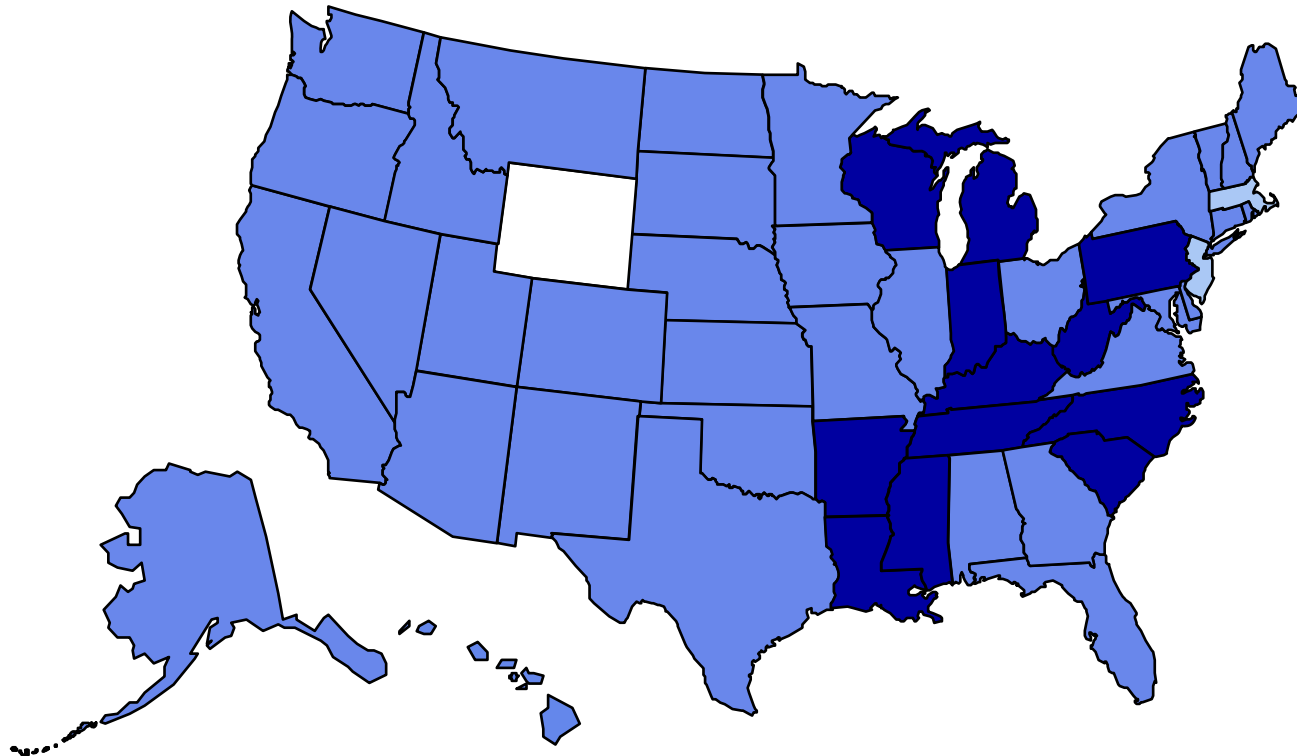
(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)



No Data <10% 10%-14% 15%-19%

Obesity Trends* Among U.S. Adults BRFSS, 1993

(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)

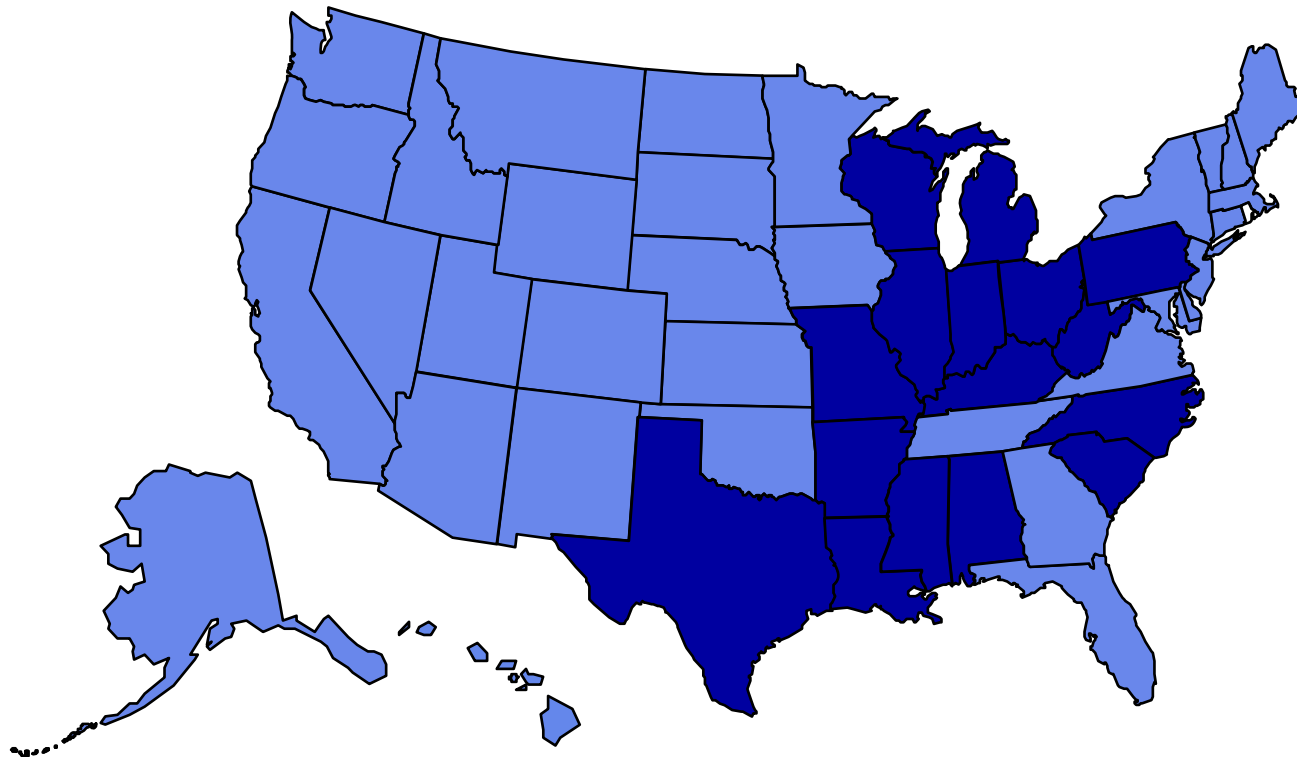


No Data <10% 10%–14% 15%–19%

Obesity Trends* Among U.S. Adults

BRFSS, 1994

(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)

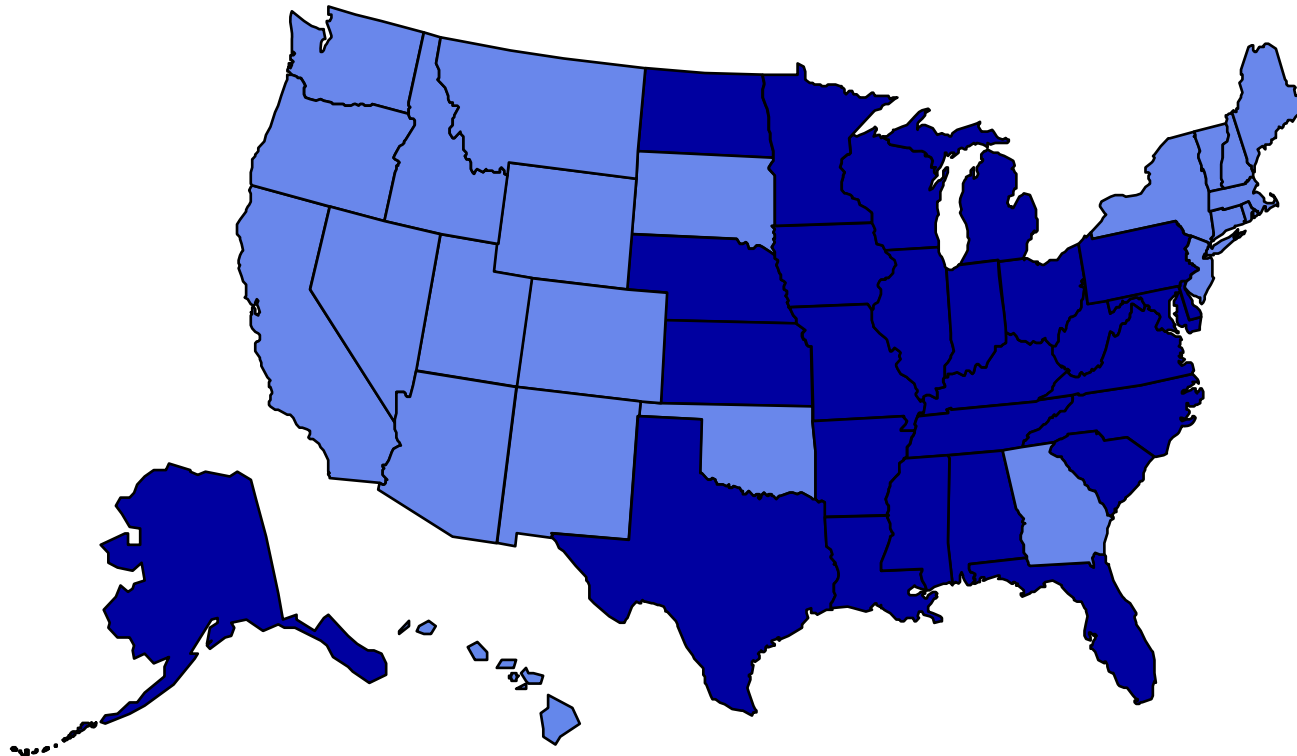


No Data <10% 10%–14% 15%–19%

Obesity Trends* Among U.S. Adults

BRFSS, 1995

(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)

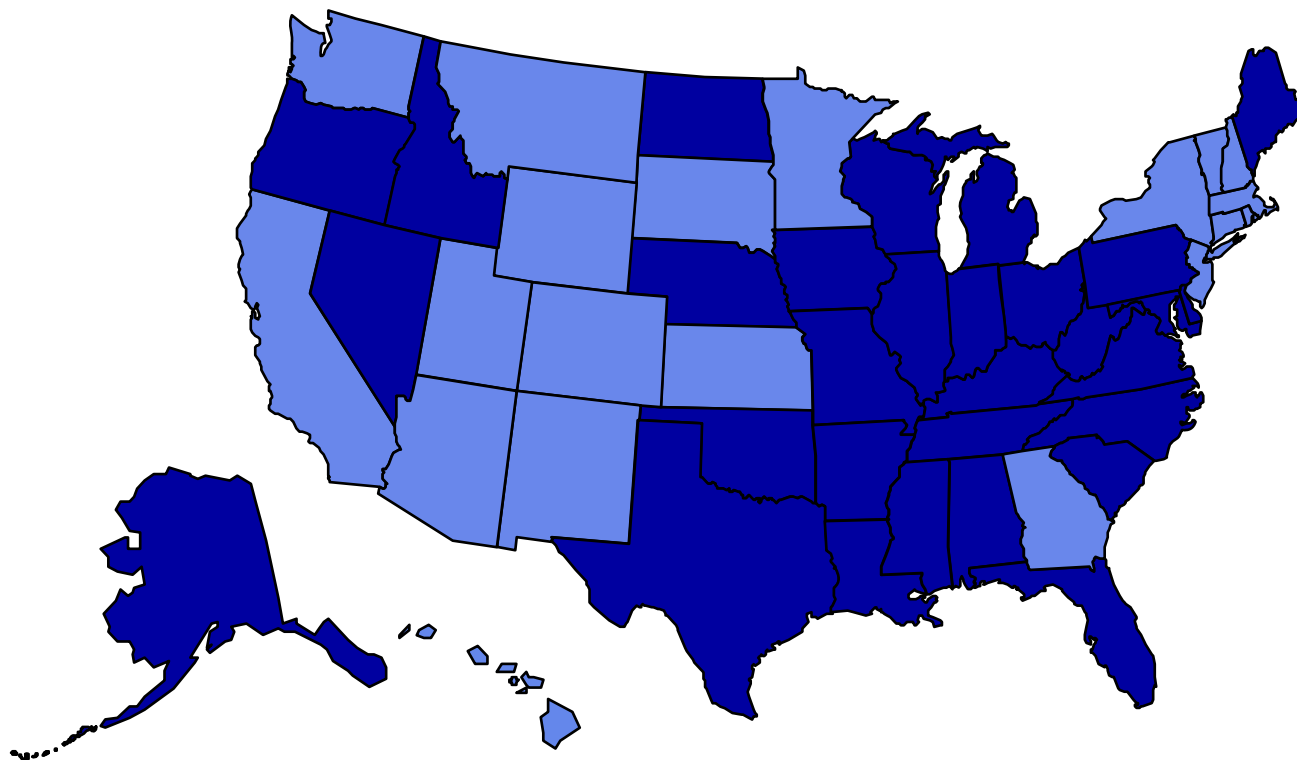


No Data <10% 10%–14% 15%–19%



Obesity Trends* Among U.S. Adults BRFSS, 1996

(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)



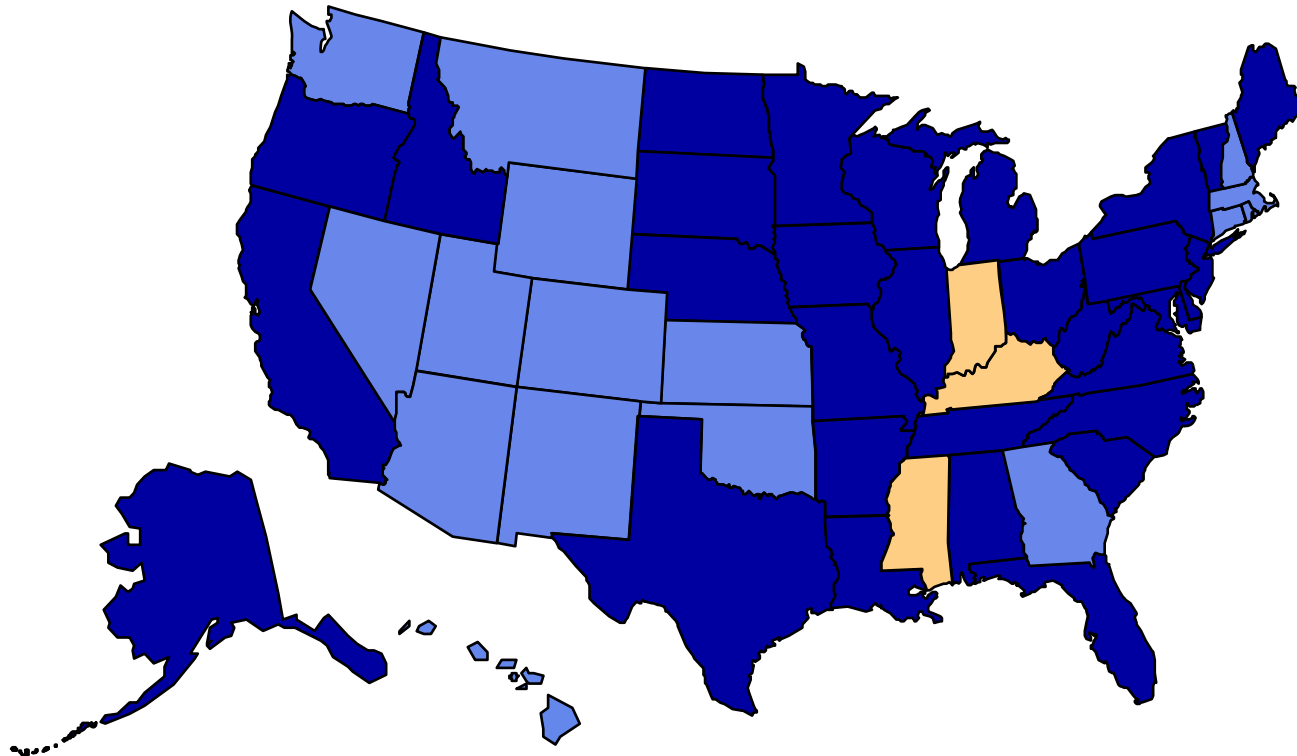
No Data <10% 10%-14% 15%-19%



Obesity Trends* Among U.S. Adults

BRFSS, 1997

(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)

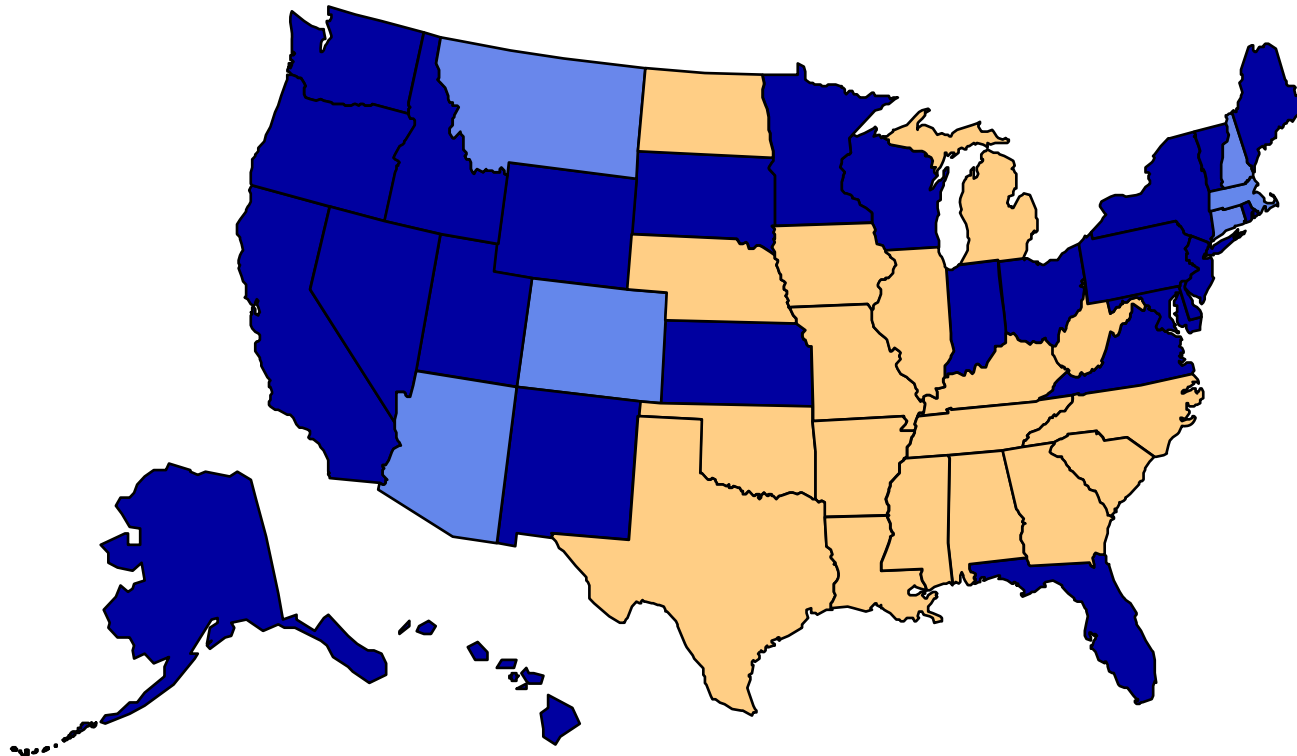


No Data <10% 10%–14% 15%–19% $\geq 20\%$

Obesity Trends* Among U.S. Adults

BRFSS, 1999

(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)

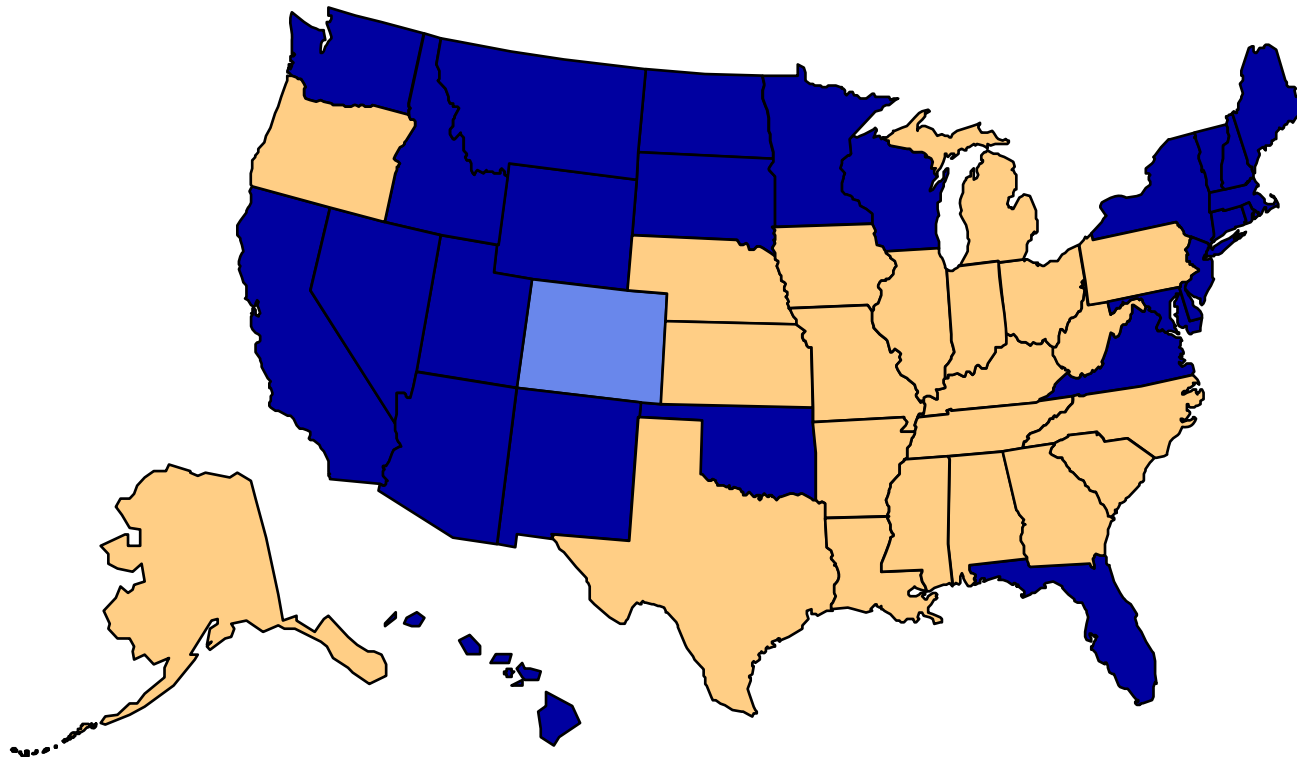


No Data <10% 10-14% 15-19% $\geq 20\%$

Obesity Trends* Among U.S. Adults

BRFSS, 2000

(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)

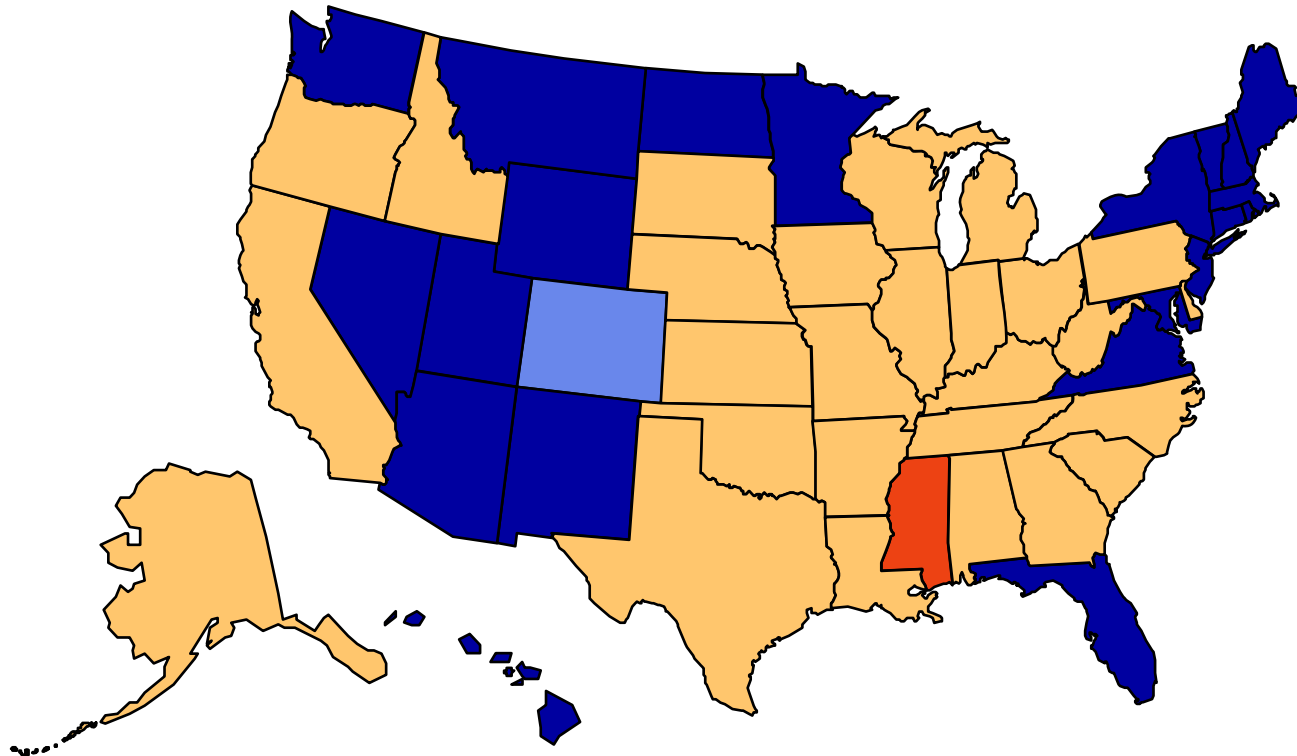


No Data <10% 10%-14% 15%-19% $\geq 20\%$

Obesity Trends* Among U.S. Adults

BRFSS, 2001

(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)



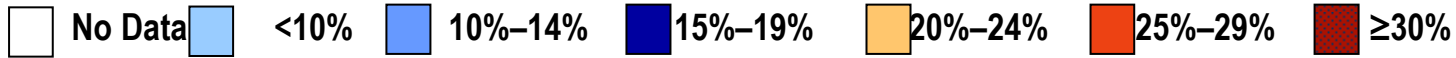
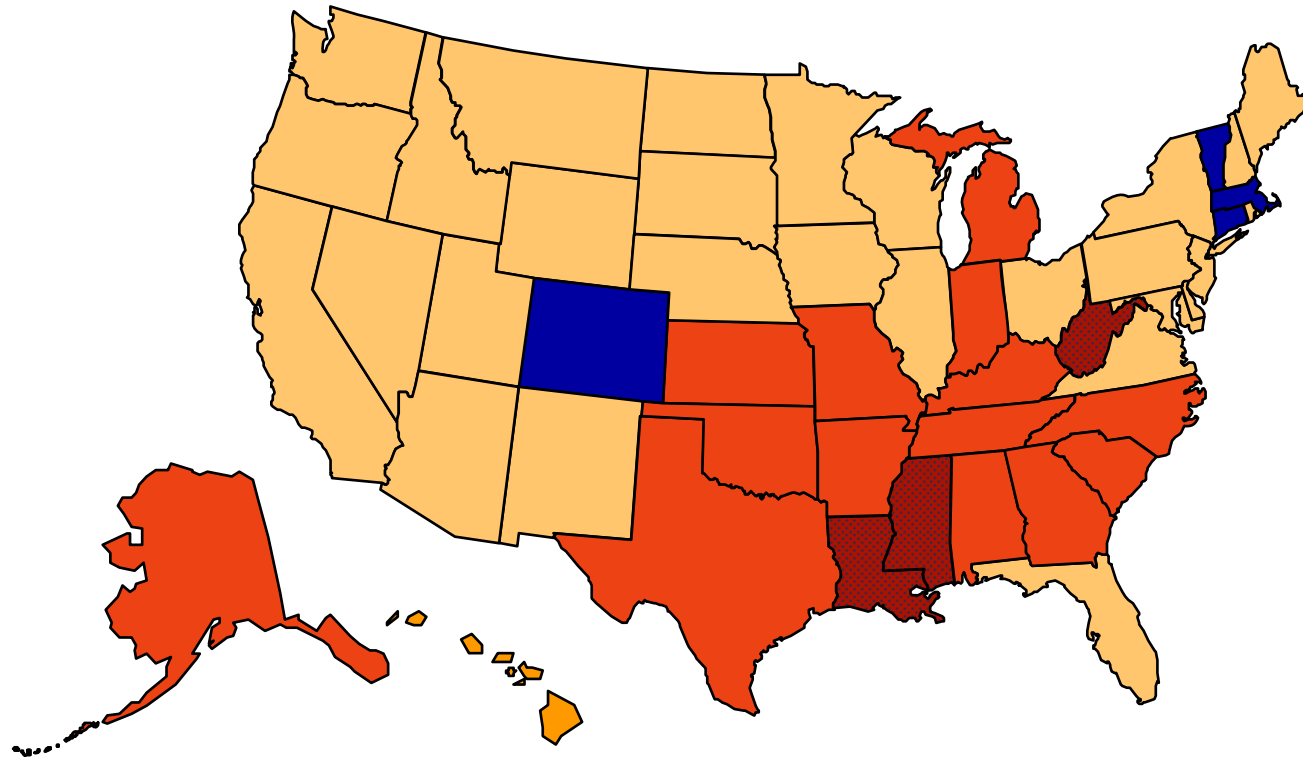
No Data <10% 10%–14% 15%–19% 20%–24% $\geq 25\%$



Obesity Trends* Among U.S. Adults

BRFSS, 2005

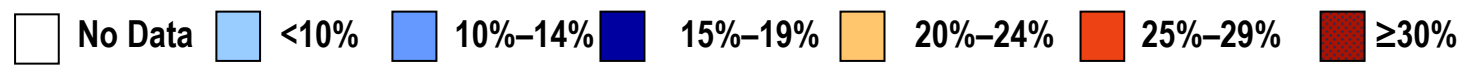
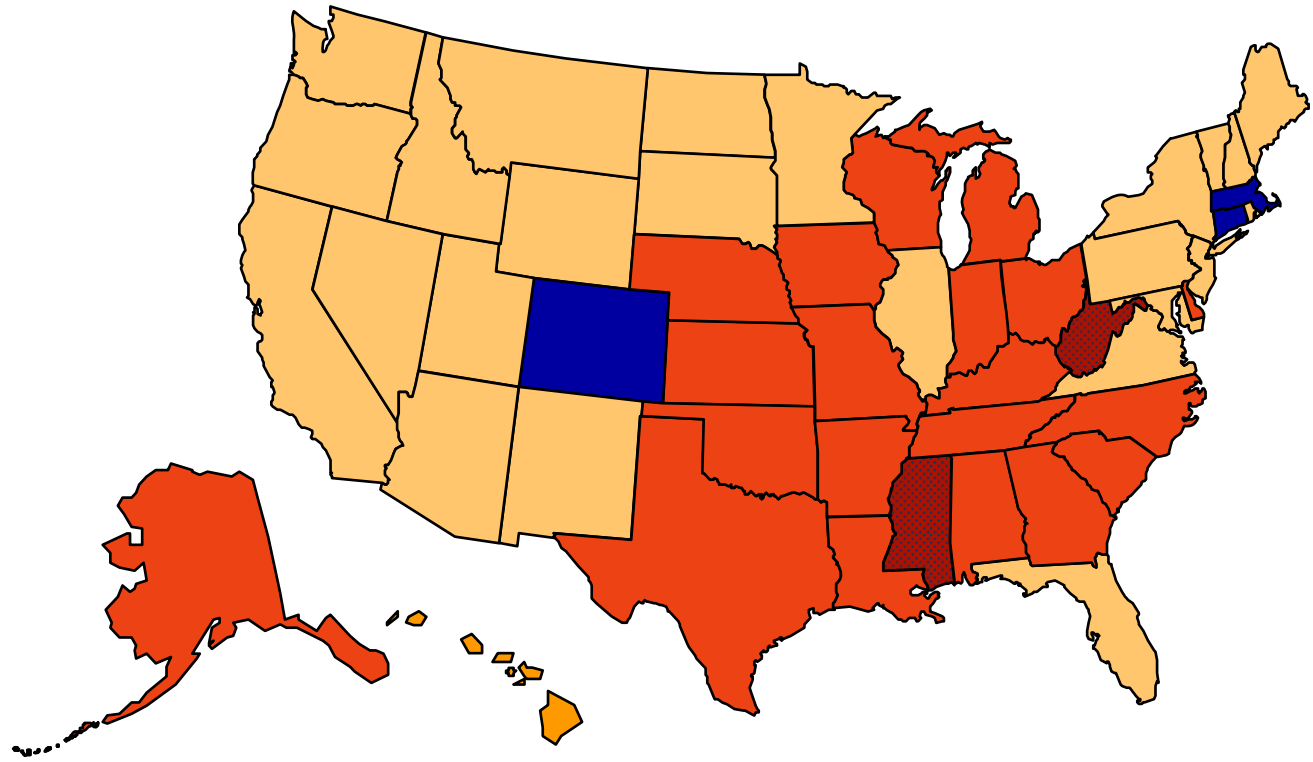
(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)



Obesity Trends* Among U.S. Adults

BRFSS, 2006

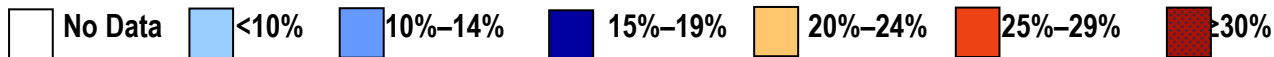
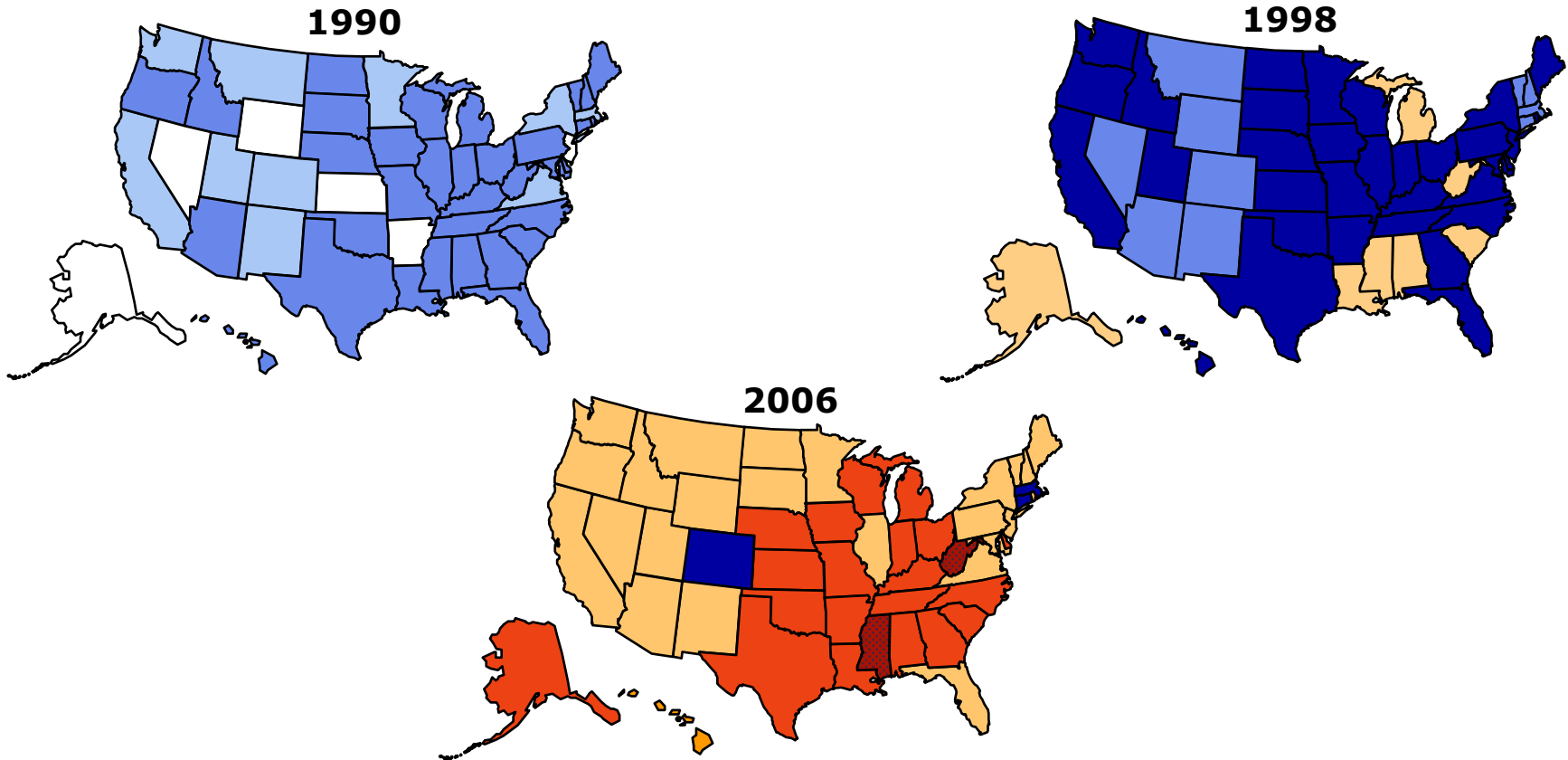
(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)



Obesity Trends* Among U.S. Adults

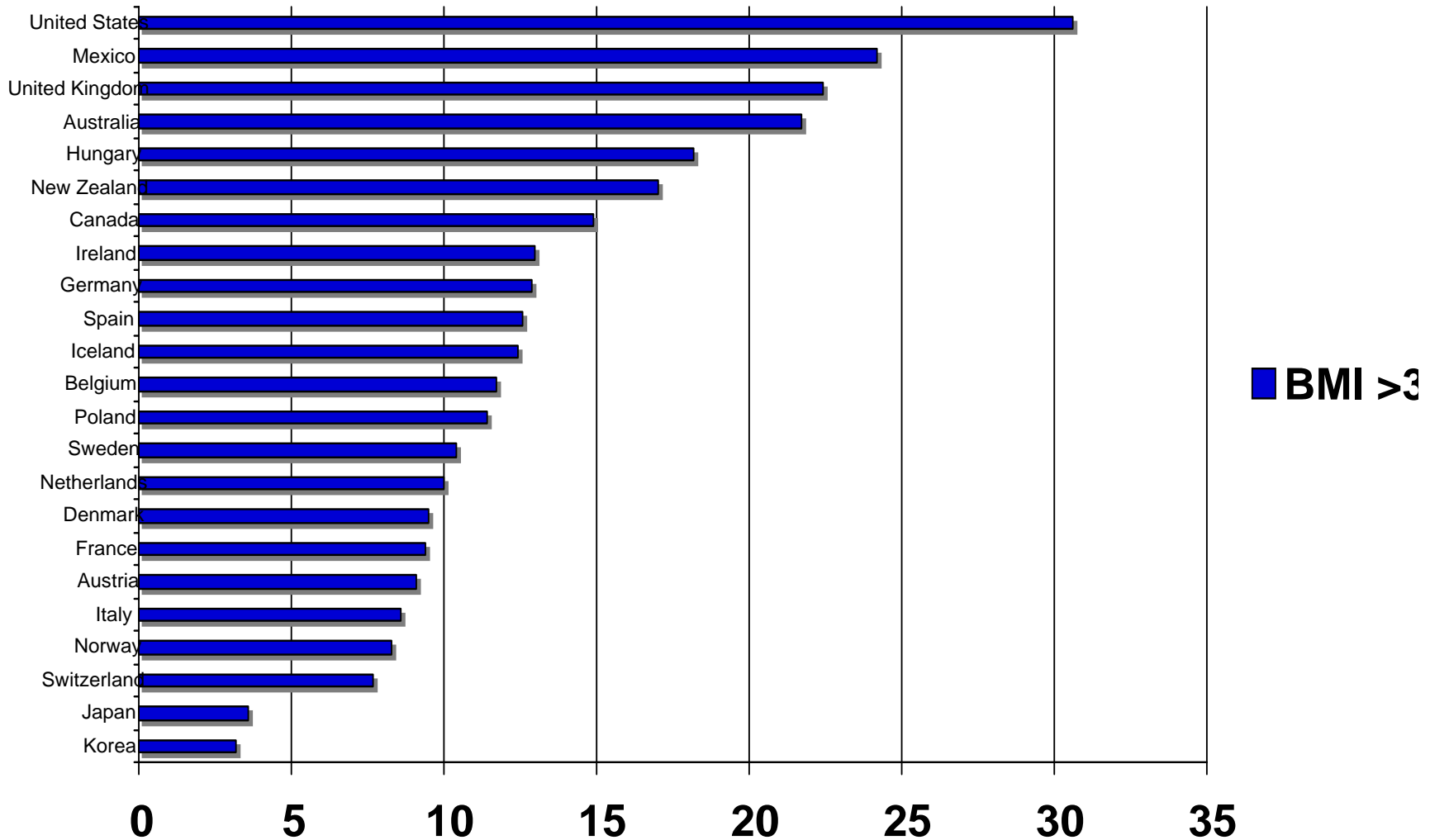
BRFSS, 1990, 1998, 2006

(*BMI ≥ 30 , or about 30 lbs. overweight for 5'4" person)



International Obesity 2003

Percent of Population over 15 with BMI >30



Obesity Drivers

- We are eating more (duh!)
- We are eating out more (In 1970 34% of the food budget was consumed outside the home in late 1990s it was 47%)
- Everything is supersized at home and at McDonalds
- We stopped smoking
- We are all working too much especially women
- We don't exercise enough because we are all working too much
- The only people who are exercising and eating right are people who were thin in the first place or bulimic celebrities or rich people who don't work or French



Don't Look Down on Him: Middle Age Americans are not as Healthy as the English

- US White population in late middle-age is less healthy than the equivalent English population for, diabetes, hypertension, heart disease, MI, stroke and cancer
- Steep gradient by SES in both countries: It's good to be rich
- But, the poorest third of Brits are healthier than richest third of Americans for diabetes, hypertension, all heart disease, and cancer



Source: Banks, J. et al. JAMA 2006;295:2037-2045.

- Hypertensive
- Obese
- Non-Compliant
- Diabetic
- Alcoholic or All Systems Failing or both

Source: Connie Blackstone MD, Primary Care Physician, Greenville, SC



Fat People meet Skinny Benefits



- Health reform on the agenda
- Political and Economic context
- Prospects for change

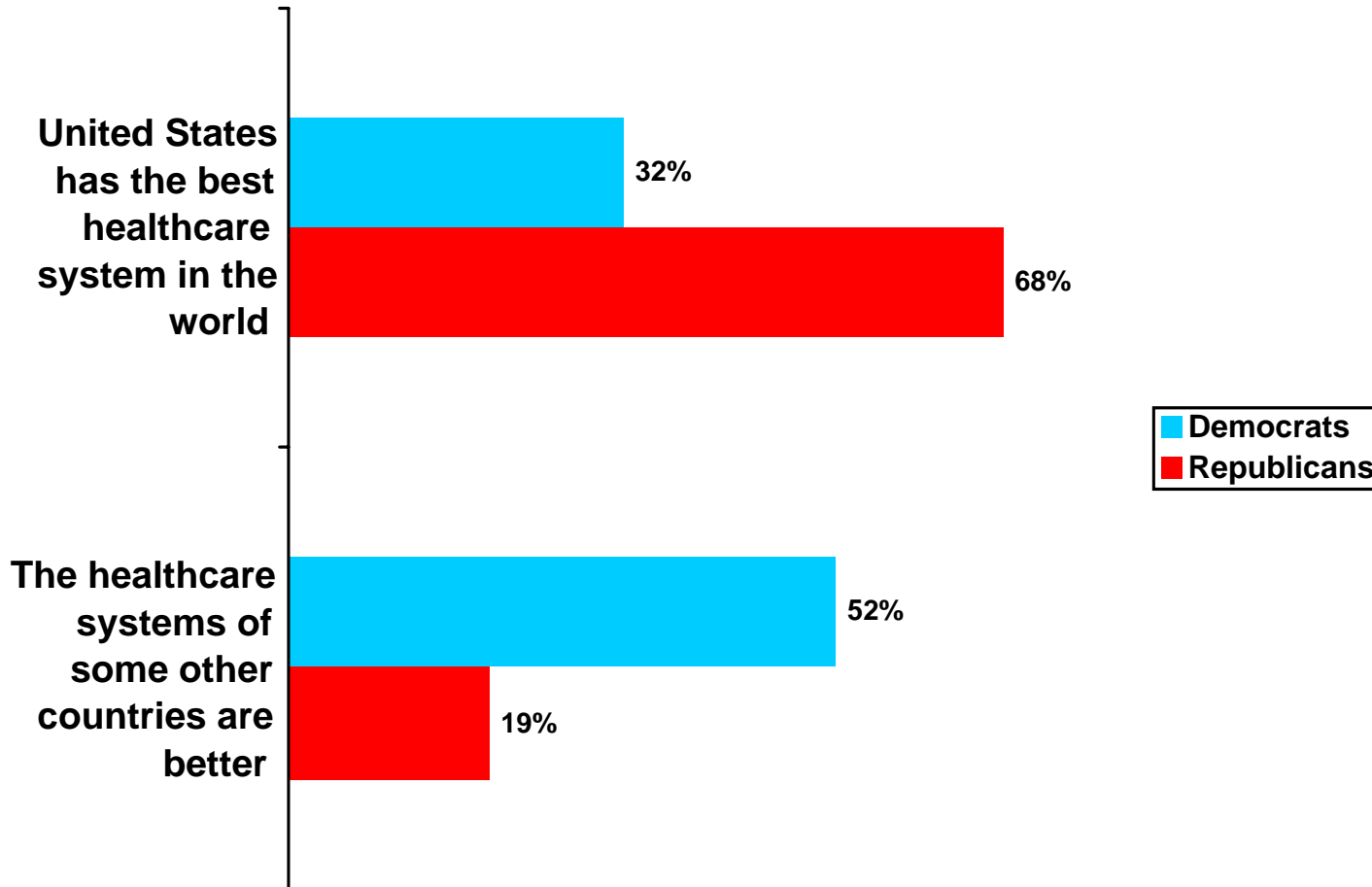
What We Have to Change.... Not Much Except.....

- Our values
- Our Strategic Focus: From Pimp my Ride to Primary Care and Prevention
- Our Reimbursement System
- Our Delivery System
- Our Individual and Collective Behavior
- Our Expectations
- Our Business Models
- Our electronic infrastructure to support it all

Key Driving Forces: Political

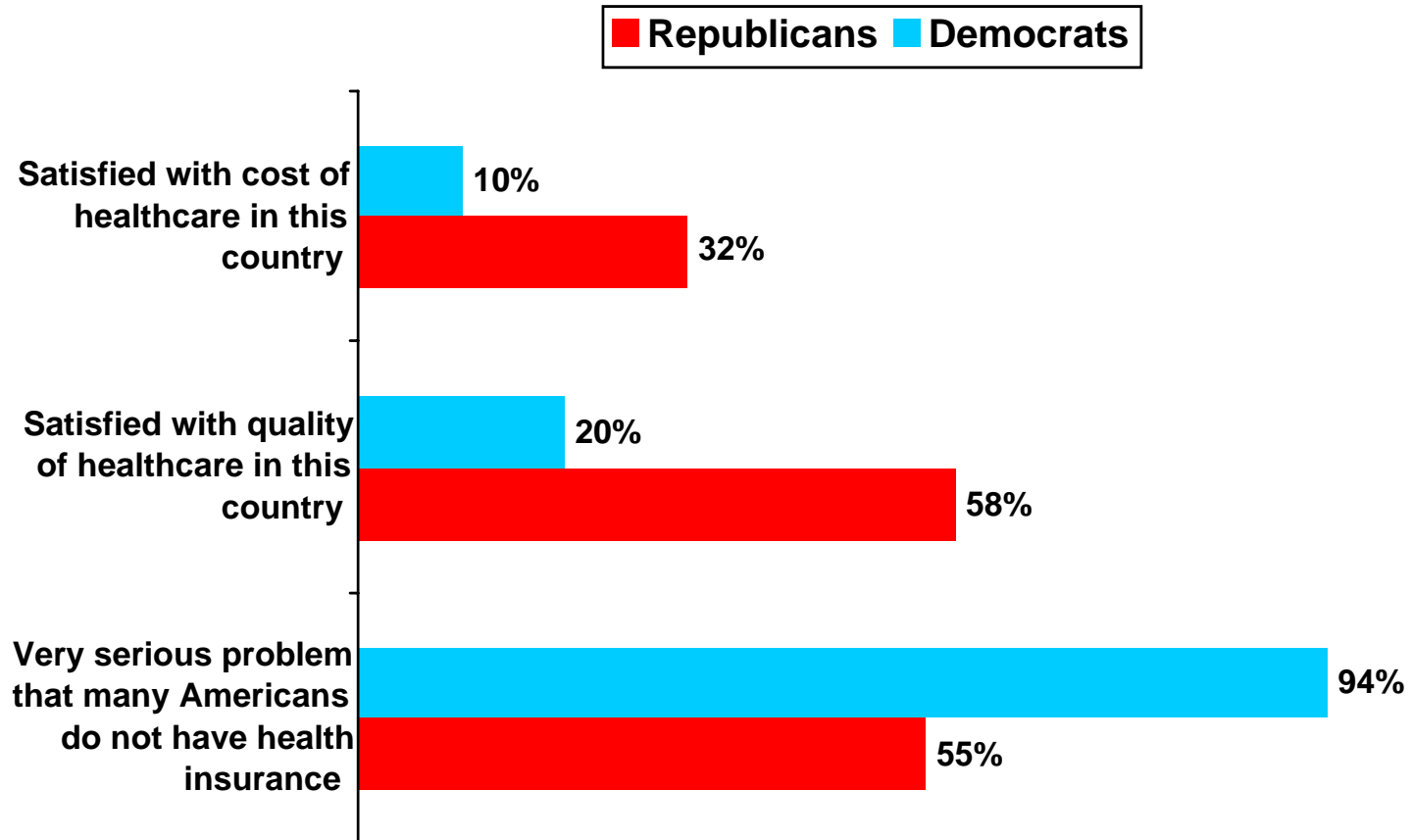
- Presidential Election Year Where Candidates Are Focusing on Change
- Many Republican Incumbents in House and Senate Not Seeking Re-election
- Possible Big Turnout of Youth: The Echo Boom Can't Drink Yet, but They Can Vote
- Health Care Is the Number Two Domestic Issue (Behind the Economy) Among Democrats and Independents
- Growing Sense of Anti Corporatism Even Among Republican Candidates (Huckabee and McCain)
- Possibility of a Large Democratic Victory

Republican and Democratic Attitudes about Who Has the Best Health Care System



Debating Health: Election 2008, Harvard School of Public Health/Harris Interactive. March 5-8, 2008

Republican and Democratic Beliefs about the State of Healthcare



NEJM, "Health Care in the 2008 Presidential Primaries," January 2008.

Key Driving Forces: Economic

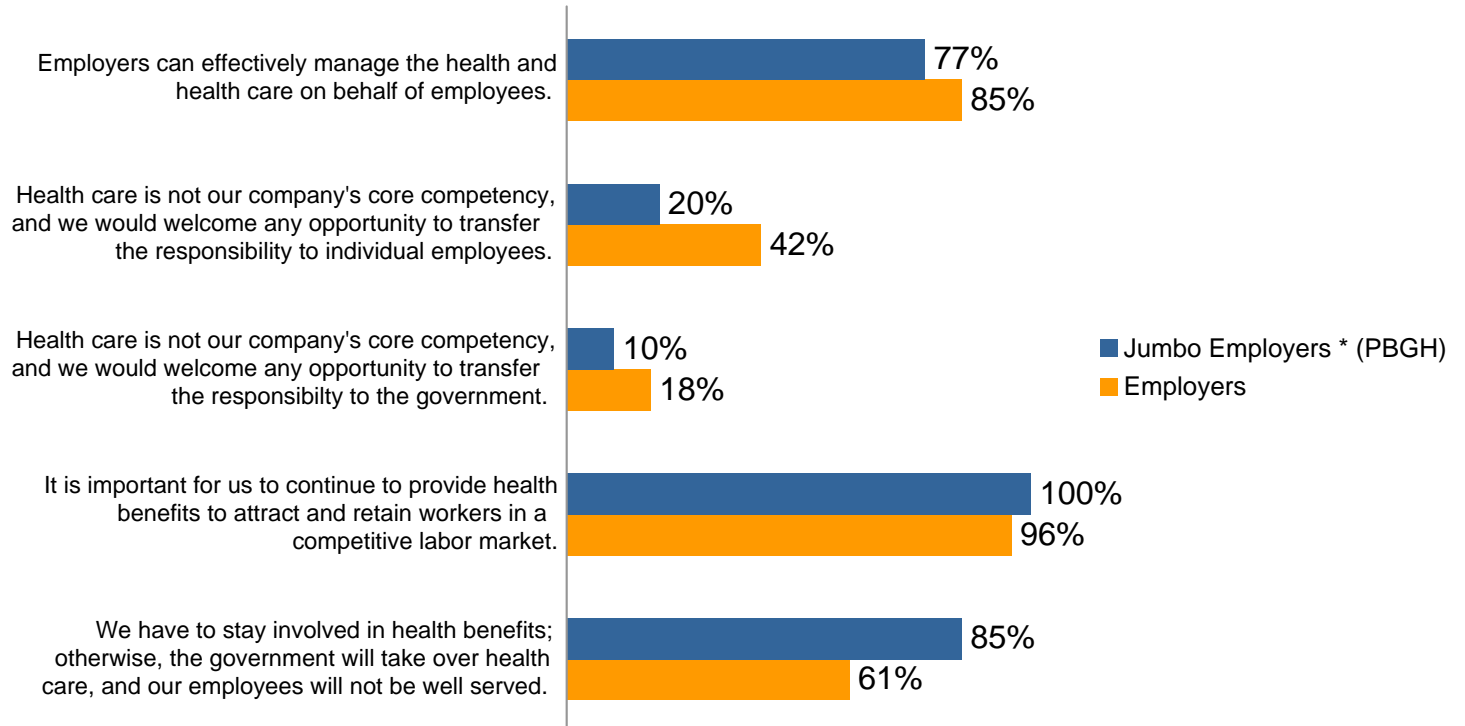
- Economic slowdown in 2008-2009 seems likely to continue
- Continued involvement in Iraq short term means big government deficits
- Little government opportunity for big expansion in short run
- Sub-prime mess lingers and perhaps worsens, declining consumer confidence, weakening dollar, continued high energy prices
- Business sees profit squeeze after long run-up and high performance expectations from investors

Key Driving Forces: Health Reform

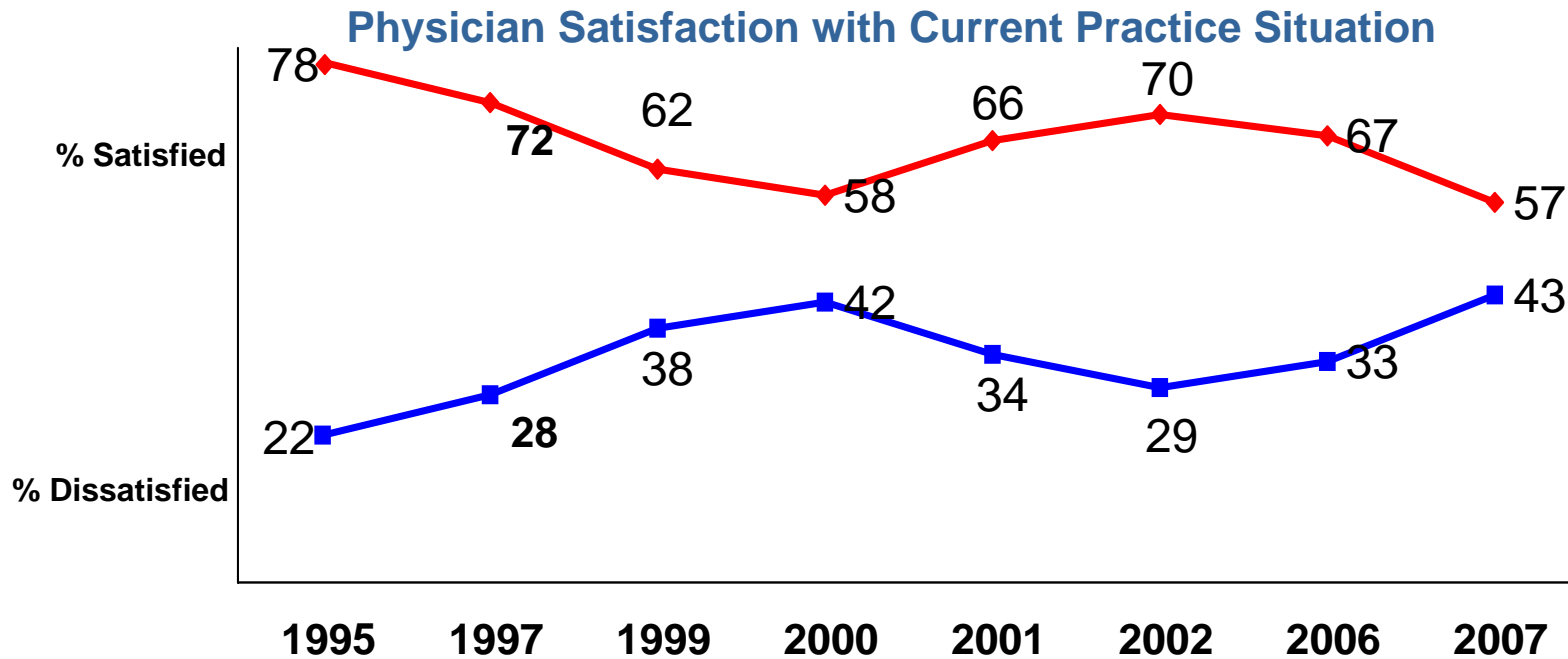
- Health reform options are in a narrow range (democrats' positions are right of Richard Nixon's)
- New American Compromise of shared sacrifice and incremental expansion of coverage is favored by both democratic presidential candidates and some republicans at state level
- Focus is on coverage expansion for an anxious middle class; not wholesale transformation of health care, but ...
- Health care glitterati honing in on elements of a compromise (Commonwealth Fund 15 is a good starting list of cost containment options)
- Unlikely coalitions are forming; e.g., SEIU, Wal-Mart
- Big actors are staking positions near and around the New American Compromise; for example, the AHA, AHIP, Mayo Clinic, Committee on Economic Development and others
- Big business not as ready to bail out of health care as some pundits think
- Seniors are satisfied with medicare (including part d) and are not pressing for health reform of medicare yet, but how will part d play in 2008?
- Doctors are cranky and depressed

Most Employers are Ideologically Opposed to Massive Exit in a Tight Labor Market With a Strong Economy

% Answering Describes My Company Well



Physician Dissatisfaction With Practice at Historic Highs



Source: Harris Interactive, Strategic Health Perspectives 1995-2007

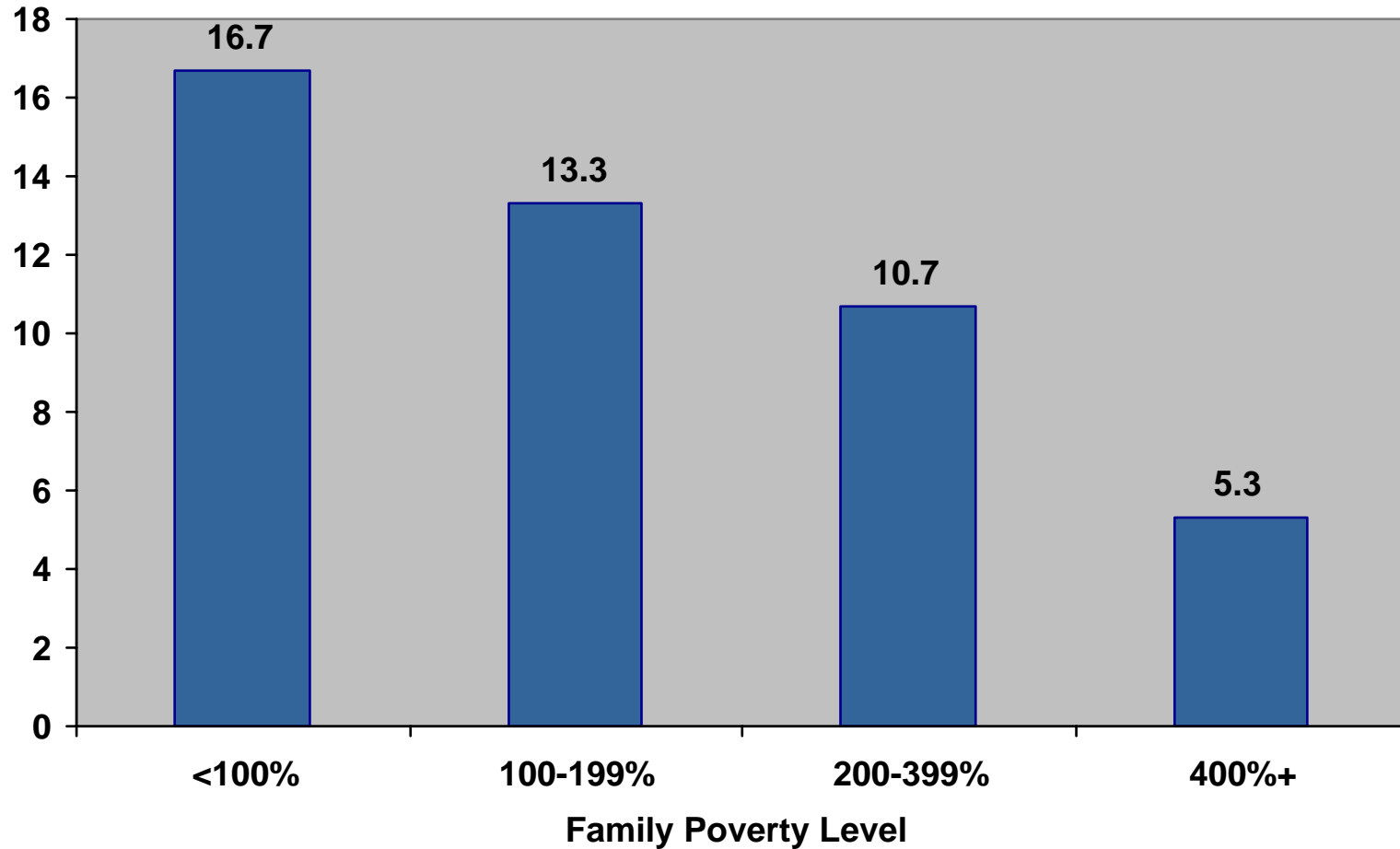
The Commonwealth Fund 15

- Promoting Health Information Technology
- Center for Medical Effectiveness and Health Care Decision Making
- Patient Shared Decision Making
- Public Health: Reducing Tobacco Use
- Public Health: Reducing Obesity
- Positive Incentives for Health
- Hospital Pay-for-Performance
- Episode-of-Care Payment
- Strengthening Primary Care and Care Coordination
- Limit Federal Tax Exemptions for Premium Contributions
- Reset Benchmark Rates for Medicare Advantage Plans
- Competitive Bidding
- Negotiated Prescription Drug Prices
- All Payer Provider Payment Methods and Rates
- Limit Payment Updates in High-Cost Areas

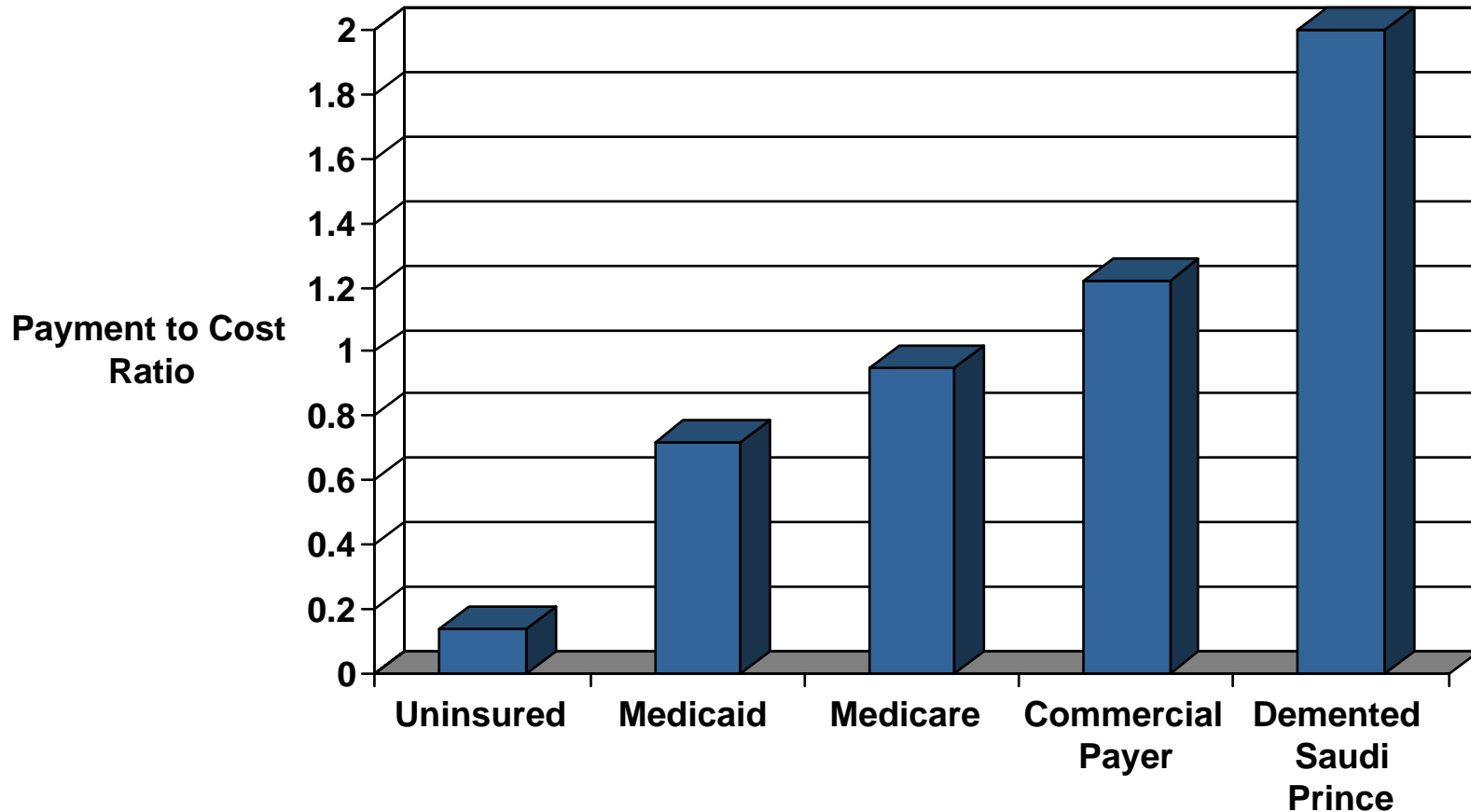
Covering the Uninsured: Who Pays? Who Gets? Who Cares?

- Who Pays?
 - American health care financing is regressive
 - Single payer is a massive transfer of income from rich to poor
 - Making \$20,000 earners buy a \$15,000 health care policy is problematic
- Who Gets?
 - Having a card doesn't guarantee getting care
 - Growing use of ER, minute clinics and off-shore options even by the insured population
- Who Cares?
 - How much reimbursement goes with the card?
 - Do we need coverage, or do we need care?
 - Are the insured getting the right care?

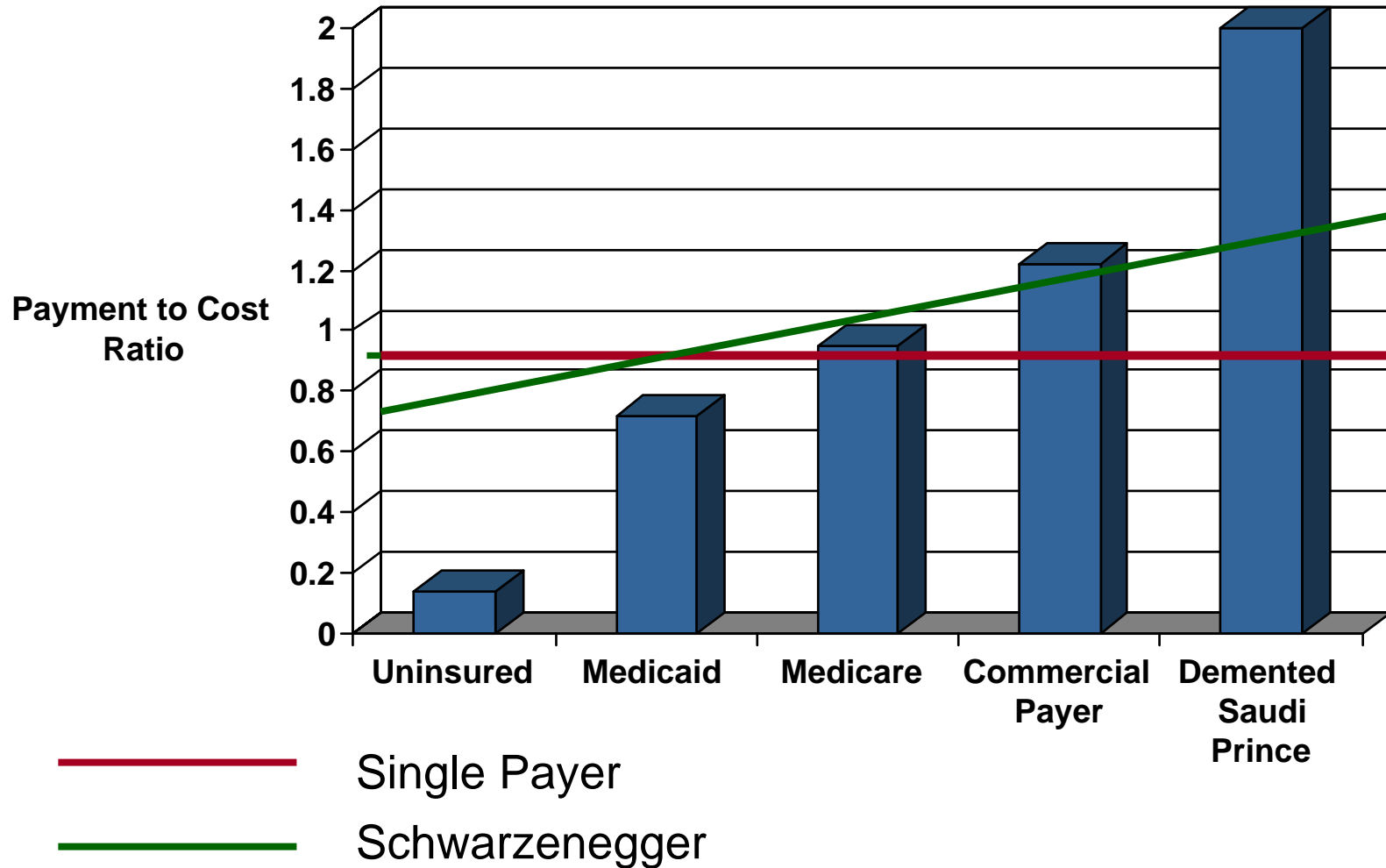
Number of Uninsured 2005



Payment to Cost Ratio (Illustrative)



Payment to Cost Ratio (Illustrative)



Why I Like Australia



“Where the bloody hell are you?”
Australian Tourist Board

- Everyone Is Covered
- Tax-Financed Universal Ambulatory Care
- Clear Bargain on Hospitals:
 - Free hospital care with no provider choice and no high amenity versus
 - Private hospital, or higher amenity public hospital and provider choice if you have private insurance
- 50% Have Private Insurance (43% for Hospitals), but You Still Pay Into the Base System
- Flat 30% Subsidy
- Incentives to Sign Up Young
- No Involvement of Employers
- PBS Works to Control Costs

New American Compromise

- Shared Sacrifice
 - Health care is both a right and an obligation
 - Example: “Health care for all, paid by all” (AHA)
 - Rhetoric behind Massachusetts and California
- Strategic Incrementalism
 - Build on existing public and private programs
- Compel Participation
 - Employer mandate: Pay or play
 - Individual mandate
 - Provider contribution: Hospital or physician taxes
 - Other sources of payment; e.g., tobacco tax
- Restructure/Regulate Insurance Market
 - Connectors
 - Guaranteed issuance and terms of offer
- Federal Matching of Medicaid Investment
- More About Coverage Expansion Than Cost Containment

The California Case

- New American Compromise Model, but There Were No Willing Republican Legislators Beyond the “Governator”
- What Killed the Plan?
 - Money: Bad time when the budget deficit was \$14 billion, fear it wasn’t budget neutral (2/3 rule for new money)
 - The Details: When there is something for everyone to like, there is also something for everyone to hate (about who pays, who is covered and how)
 - Democratic Infighting: Single payer versus incrementalists, bad blood between Perata and Nunez, the SF Union position
 - Lack of solidarity within each stakeholder group: Labor, business, health insurers, Democrats, providers, split among themselves
 - Federal versus State: Concerns about Federal MediCal matching, about ERISA pre-emption and so forth

Political Scenarios

- **Scenario 1: Maverick**
 - McCain wins with a weak Democratic Congress
 - Incremental attempts at expansion; e.g., SCHIP
 - Same old, same old
- **Scenario 2: Democratic Incrementalism**
 - Democrats win White House and slim majority in Congress
 - Push aggressively for coverage expansion but meet financing challenges
- **Scenario 3: Democratic Landslide**
 - Big majority in Senate
 - Make health reform the key domestic priority
 - Seize a historic opportunity for reform: coverage expansion and health system transformation

Features of Building Blocks + System Reform and Presidential Candidates' Approaches to Health Care Reform

| | Building Blocks/ System Reform | Clinton | McCain | Obama |
|---|-----------------------------------|---------|--------|---------------|
| Coverage Expansion | | | | |
| Aims to cover everyone | X | X | | X |
| Individual requirement to have insurance | X | X | | Children only |
| Employer shared responsibility | X | X | | X |
| Group insurance "connector" | X | X | | X |
| Medicare/public plan option for < 65 | X | X | | X |
| Subsidies/tax credits for low- to moderate income families | X | X | X | X |
| Regulation of insurance markets | X | X | | X |
| Improves Medicare benefits for > 65 and buy-in for older adults | X | | | |
| Medicaid/SCHIP expansion | X | X | | X |
| System Improvements | | | | |
| Expanded use of Health IT | X | X | X | X |
| Medical effectiveness research | X | X | X | X |
| Pay providers for performance | X | X | X | X |
| Reduced Medicare Advantage payments | X | X | | X |
| Negotiated Medicare Rx prices | X | X | | X |
| Primary care and care coordination | X | X | X | X |

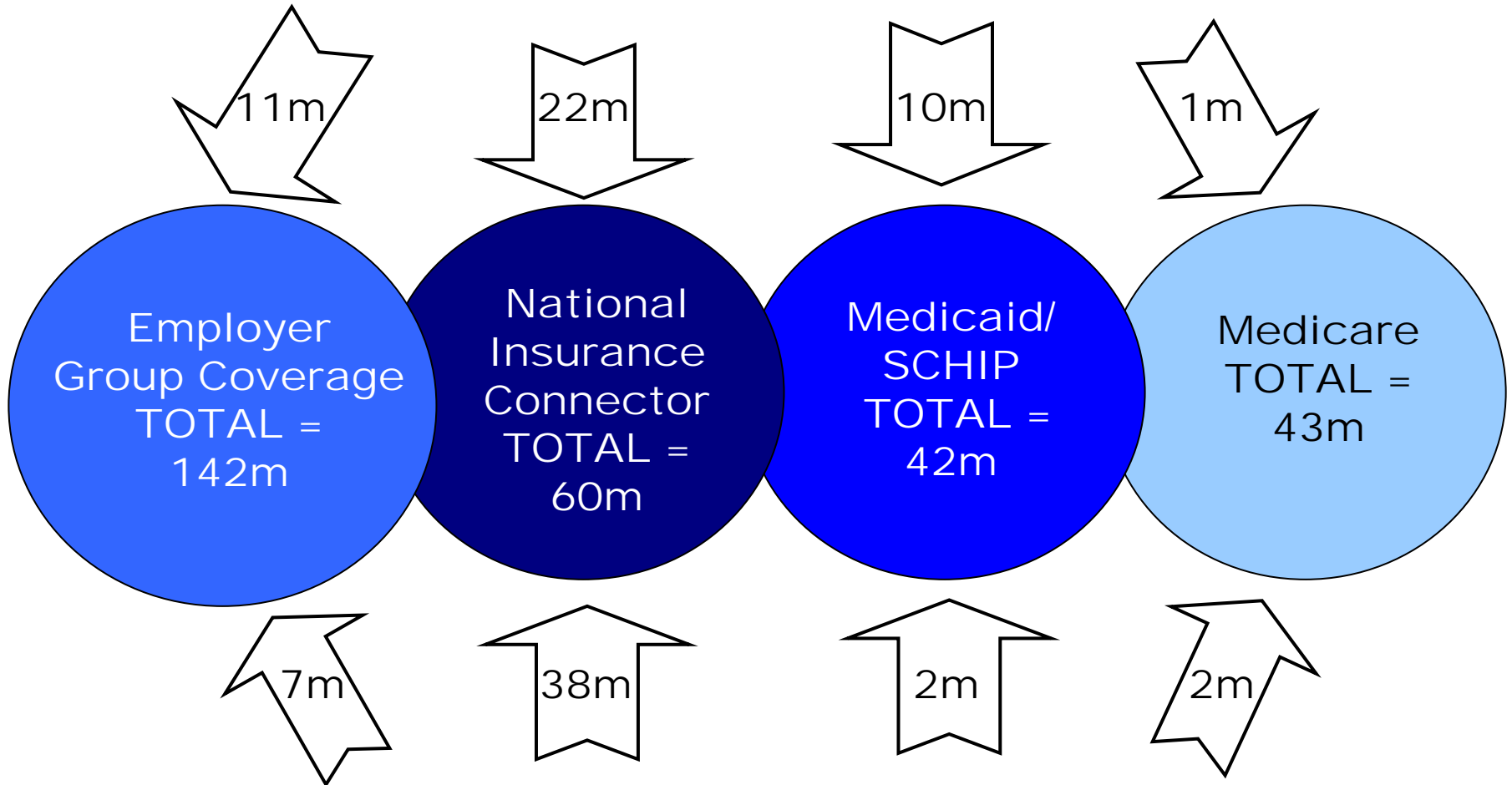
Implications for Federal Reform

- Possibility of a Big, Bad Replay of California at the Federal Level
- A Lot of Stakeholder Groups Close to the New American Compromise and Mayo Model
- Republicans and Democrats Are Much Further Apart Than Stakeholder Groups, but That Matters When Politics Trumps Policy
- Legislation Will Have to Pass Through a Political Process
- Possible Areas of True Political Compromise Are Narrower:
 - HIT
 - Transparency initiatives
 - SCHIP expansion for very low-income families
 - Comparative Effectiveness
 - P4P
 - Tax credits for coverage
 - Other?
- God Is in the Details: And That's When the Knives Come Out

- Rising Costs and Continued Unaffordability
- The Unfunded Medicare Liability
- Rising Transparency and Value Purchasing
- Creation of NICE Lite
- Institutional Re-engineering for Value
- Payment Reform to Support Improvement?
- Growing Science of Molecular Biology Enables Customized Genomic Medicine
- HIT as Opportunity

Building Blocks for Automatic and Affordable Health Insurance for All

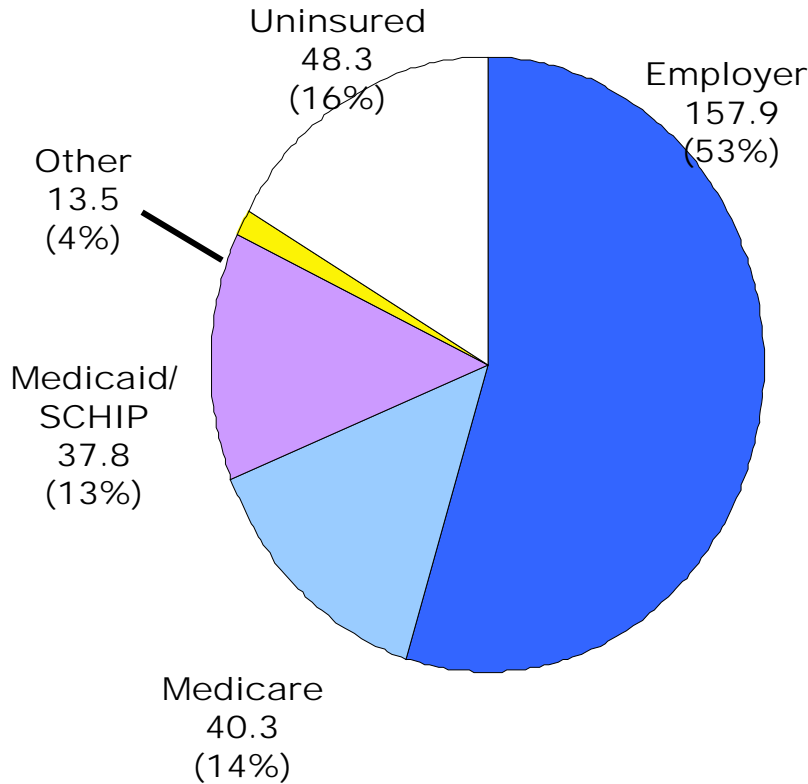
New Coverage for 44 Million Uninsured in 2008



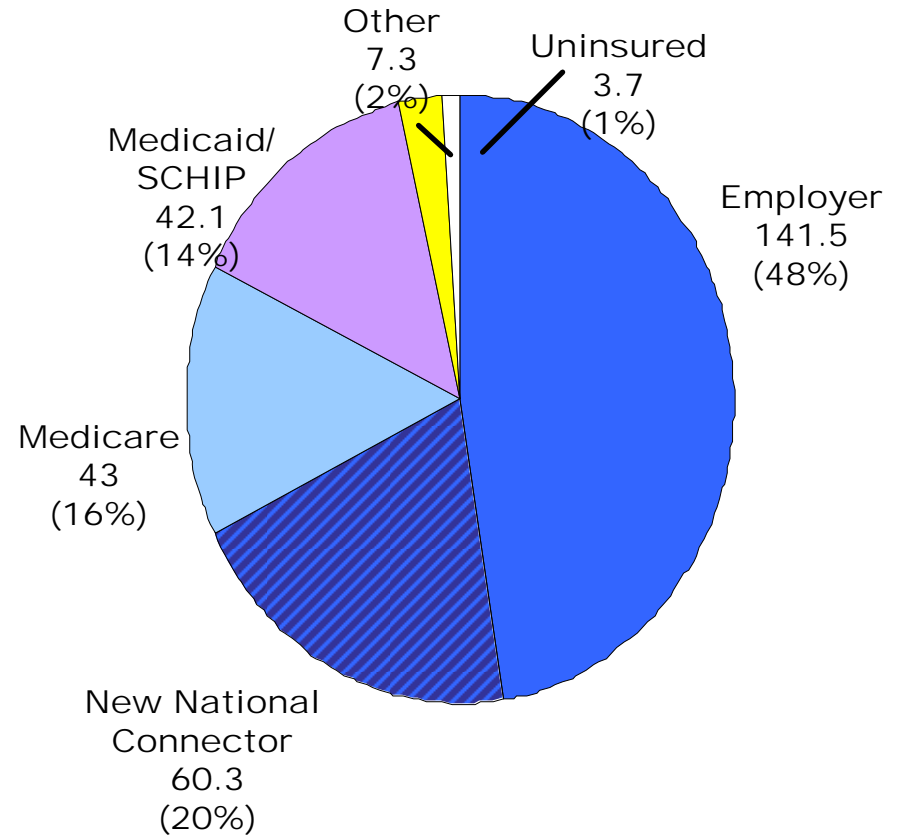
Improved or More Affordable Coverage for 49 Million Insured

Commonwealth Fund: Distribution of People by Primary Source of Coverage Under Current Law and Building Blocks Framework, 2008

Current Law (millions)



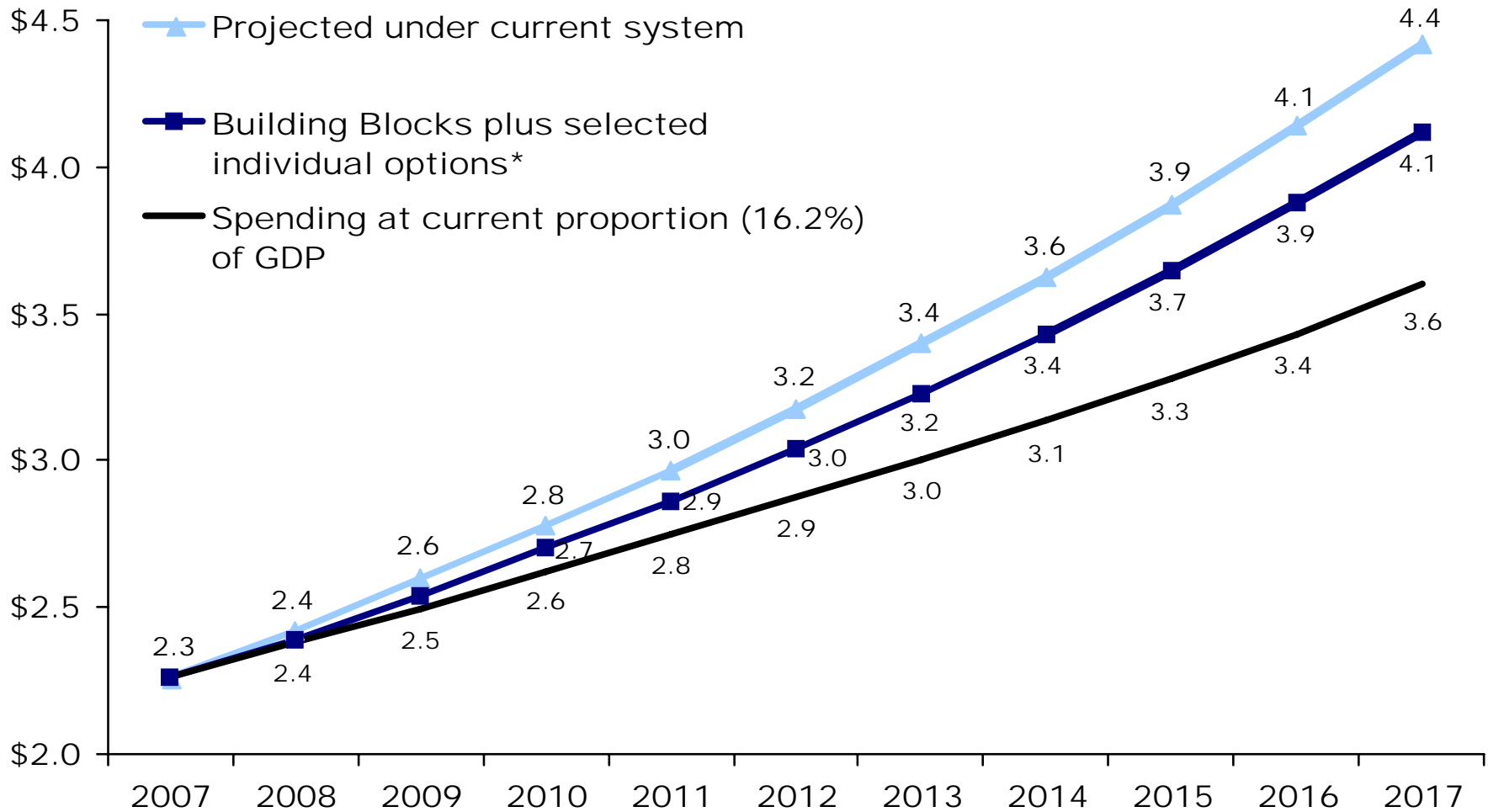
Building Blocks (millions)



Total population = 297.8 million

Total National Health Expenditures, 2008–2017 Projected and Various Scenarios

Dollars in trillions



* Selected individual options include improved information, payment reform, and public health.

Implications

- The Web will help but won't solve basic drivers of cost, quality, and access
- Consumers will become more engaged in value decisions, but we cannot rely on them absolutely
- The systems of health care need to be continuously improved to deliver greater value
- This will require clinical skills, process skills, use of cutting-edge technology and big-time capabilities by plans, providers and patients themselves
- Most of all, it will require leadership